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Sero-molecular epidemiology of hepatitis E virus in pigs and human contacts in Ghana



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Abstract

Background: Hepatitis E virus (HEV) is among the leading causes of viral hepatitis in most developing countries. Zoonotic acquisition of HEV genotype 3 from swine has come into focus more recently. Available studies on HEV in Ghana and other countries in the region do not provide enough information towards understanding the epidemiology of HEV in human and animal populations. Towards this end, we conducted a comparative cross-sectional study to determine the seroprevalence and risk factors associated with HEV exposure, both in swine and humans working on pig farms in typical local settings. The presence of viral RNA in human and swine samples was also evaluated, along with classification of viral sequences from HEV-positive samples.

Methods: Structured questionnaires soliciting information on pigs reared, as well as socio-demographic information including age, sex and educational background of humans was collected. A total of 10 ml and 5 ml of whole blood was collected from pigs and human participants respectively. ELISA and real-time RT-PCR were performed on the sera for the qualitative detection of IgG antibodies to hepatitis E virus and viral RNA, respectively.

Results: Five hundred and forty-four (544) human participants including 264 swine contacts and 280 swine non-contacts were enrolled in the study. Although the proportion of HEV IgG antibodies was higher in contact groups (114; 54.3%) than non-contact groups (96; 45.7%), a multivariate analysis did not show any significant difference. No HEV RNA was detected in human samples. Similarly, 720 pigs were sampled from 18 farms located in five regions in Ghana. Twenty-three (23) of the pigs (3.2, 95%CI = 2.0–4.8) were positive for HEV RNA by real-time RT-PCR testing. Sequences obtained from HEV-positive samples were found to share high sequence identities with each other and clustered with other genotype 3 viruses indicating the existence of circulating zoonotic genotype 3 viruses on farms. Although we did not find evidence of pig to human transmission of HEV genotype 3, the presence of this genotype in pigs shows the potential for possible zoonotic transmission in African farm settings and buttresses the importance of active surveillance for the infection among at risk populations.

Keywords: One health, Zoonoses, Livestock, Infectious disease reservoirs, Viral hepatitis

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Background

Hepatitis E virus (HEV) is the leading cause of viral hepatitis in much of the developing world [1]. Even though the infection has a worldwide distribution, the highest prevalence rates are observed in developing countries particularly in East and South Asia and Africa [2-7]. Annually, an estimated 20 million HEV infections occur worldwide leading to approximately 56,600 deaths [8]. HEV infection is usually self-limiting, but may develop into fulminant hepatitis with case-fatality rate rising from 2% in the general population to 40% among pregnant women [9]. The virus has at least 4 different types: genotypes 1, 2, 3 and 4. Genotypes 1 and 2 have been found only in humans [10]. Genotypes 3 and 4 circulate in several animals (including pigs, wild boars, and deer) without causing overt disease, and occasionally infect humans [11]. HEV is spread mainly by the faecaloral route via contaminated water [12] and ingestion of undercooked meat or meat products derived from infected animals (e.g. pork liver) [13]. Of note, the zoonotic nature of HEV genotype 3 acquired from swine has been grossly underestimated in Europe. Not only does the virus cause persistent infection with a risk to develop liver cirrhosis in immunosuppressed patients [11]; recent studies and growing clinical experience show that the virus not only causes hepatitis, but an array of mainly peripheral neurological syndromes [14, 15].

Pigs are the most important reservoir for HEV genotype 3 [16]. However, in pigs, HEV in most cases causes only subclinical infection [17, 18]. This notwithstanding, the risk of zoonotic transmission to humans is an important public health concern [19] and warrants a search for risk factors of infection.

Better appreciation of genotype 3 during the last 10-15 years has triggered re-adjustments of serological test antigens and PCR primers [20]. Only with these improvements has it become clear that HEV prevalence in European populations is high in the range of 5% or even above [21-30]. There have been studies on HEV in Ghana [31–40], but these have not targeted genotype 3 specifically. Studies focusing on zoonotic hepatitis E in sub-Saharan Africa should therefore aim to detect genotype 3 and investigate sources of infection (swine) along with humans. Because important information on the influence of animal contact on infection cannot easily be derived from mere prevalence data, studies should try to link infections via sequencing and ask for rates and conditions of animal contact. As the geographic diversity in African countries is huge, they should cover a larger geographic space as well as places of different levels of infrastructure and development.

In the present study we employed both serological and molecular techniques to assess the prevalence of HEV in humans and swine, investigate HEV genotypes and determine risk of infection associated with working or living in close proximity to pig farms.

Study methods

Study areas, design, and sampling strategy

The research was a comparative cross-sectional study that was conducted as part of a prospective investigation of possible zoonotic agents in livestock and wildlife in Ghana. The study was conducted between June, 2015 and May, 2016 in communities having pig farms in five Regions in Ghana. The Regions were the Ashanti, Greater Accra, Northern, Upper East and Volta Region (Fig. 1).

Study design for pig sampling

Prior to commencement of the study, a sample size of at least 124 pigs was calculated using an expected blood HEV RNA of 2.1% [41] and a confidence level of 95%. The formula used for detecting at least one positive animal was computed from Annon and Roe [42].

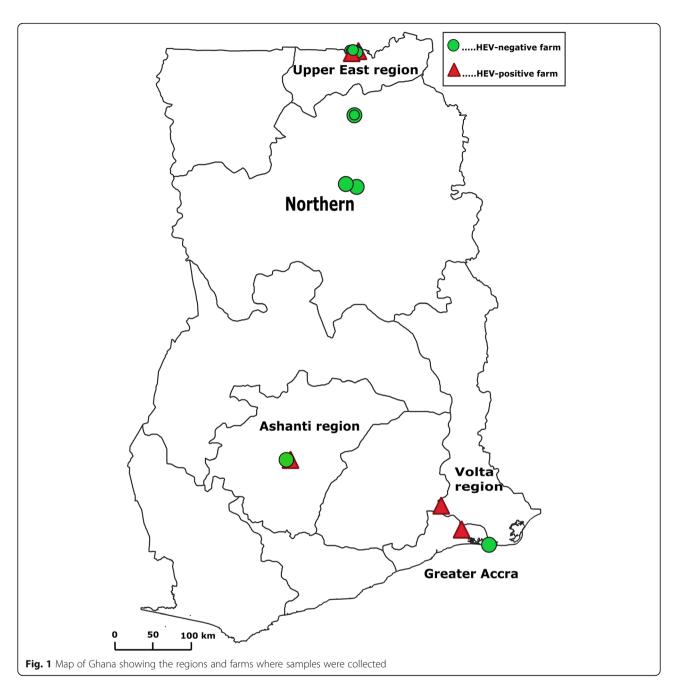
$$n = \left\{ 1(1-p)\left\{1(1-p)^{\frac{1}{d}}\right\} x \left\{N - \frac{d}{2}\right\} + 10 = 120\right\}$$

Where n is the required samples size; N is the average herd size; d is the expected number of infected animals and p is the confidence level of 95%.

The farms were selected using a simple two-stage cluster sampling technique. At the first level of sampling, Regional Veterinary Officers at all the ten regions of Ghana were contacted for information on swine populations in their respective regions. A comprehensive list of farms with swine populations was obtained and regions having farms with cumulative herd size of ≥50 pigs were selected. Each of the farms selected in the region were further examined and a subset of farms were selected taking into consideration accessibility to the farms and willingness of farm managers to have their pigs sampled. For each farm we counted the number of animals and selected representative animals based on proportion based sample size. Where particular pig pens have huge numbers, we selected every second pig until a predetermined sample size was reached.

Each of the farms selected was visited by the research team. During these visits, the reason for the study, how the study was to be conducted and information on use of data was provided to the farm managers. Farm managers were also allowed to ask questions and were further encouraged to seek clarification on issues they were concerned about. The farms of managers who consented to the study were enrolled and every individual pig was assessed and sampled. In order to minimize possible injury to the animals, piglets less than 2 months old and heavily pregnant sows were excluded from the study.

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Variables assessed on pigs included number of pigs reared by the respondents, estimated age, gender and body scoring. Veterinarians assisted in measuring clinical parameters such as presence of fever, neurological disorders, diarrhoea, icterus and other signs of disease. Fever status was assessed based on rectal temperatures above 40 °C degree Celsius [43].

Study design for human sampling

A sample size of 86 each for contact and non-contact groups was determined using an expected seroprevalence of 15% among contact groups and 2% among non-

contact groups [44], a study power of 80 and confidence level of 95%. For the purpose of this study, we defined "contacts" as individuals who directly take care of the pigs and those who live together with pigs in their households. "Non-contacts" were those living in the same community/vicinity with the contact groups but not involved in taking care of pigs or living together with the pigs in their household. All contacts and non-contacts were approached and those who consented were enrolled and sampled. All respondents were interviewed with a questionnaire which had been pre-tested and revised. Variables collected from human contacts

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and non-contacts included age, gender, religion, occupation, highest level of education, availability of toilet facility and consumption of pork. We also asked participants about the source of their drinking water. Questionnaires were designed such that participants could select a "yes" or "No" option for each type of drinking water source.

Laboratory investigation

A minimum of 5 and 10 ml of blood was collected from humans and pigs, respectively. All samples were transported via cold chain to the Kumasi Centre for Collaborative Research in Tropical Medicine (KCCR) where testing was carried out. Molecular analysis was performed on both pig and human samples. Additional serological analysis was performed on only human samples.

Serological analysis of human samples

Samples were tested for the presence of IgG antibodies to HEV. The test was performed using an Enzyme-Linked Immunosorbent Assay (ELISA) for in-vitro qualitative detection of IgG antibodies to hepatitis E virus in human serum according to manufacturer's (Axiom Diagnostics, Germany) instructions. This kit has sensitivity and specificity of about 100 and 99% respectively [45-48]. Briefly 100 µl of sample diluent was first added to micro-plates already pre-coated with recombinant antigens corresponding to the structural regions of HEV Open Reading Frame-2. Ten microliters (10 µl) of study samples including negative and positive controls were added to each pre-labelled sample wells. The plates were incubated at 37 °C and 100 µl of horse radish peroxidase (HRP) was added followed by the addition of 50 μl of chromogen A and B substrates. The final reaction was read at 450 nm. The cut off values (C.O) for the wells (samples) were calculated according to the manufacturer's directions using the formula: C. O = Nc + 0.16(Nc = the mean absorbance value for three negative controls).

Molecular testing for HEV RNA in humans and pigs

Serum viral RNA was extracted from 140 µl of human and animal serum using the spin protocol of QIAamp Viral RNA Mini Kit following the manufacturer's instructions (Qiagen, Hilden-Germany). HEV RNA detection based on a OneStep Real-Time PCR amplification was performed with reagents from Invitrogen (Thermofisher scientific, USA). The PCR testing was done by preparing a 25 µl reaction volume. The reaction volume was made up of $4.1\,\mu l$ of RNase free water, $12.5\,\mu l$ of 2Xreaction mix, 0.4 µl of 50 mM MgSO₄, 1.0 µl each of forward primer (5'-GGTGGTTTCTGGGGTGAC-3') and reverse primer (5'-AGGGGTTGGTTGGRTGRA-3'), 0.5 μl of probe (5'-FAM-TGATTCTCAGCC CTTC GC-BHQ1-3'), 0.5 µl of an Invitrogen superscript III One-step RT-PCR Tag enzyme mix and 5.0 µl of the template RNA. In-house in vitro transcript of HEV RNA and RNase free water were included in each run as positive and negative controls respectively.

Master mix preparation and RNA addition were aseptically done in separate rooms to minimise chances of contamination. Cycling conditions for the reaction were; initial reverse transcription at 50 °C for 30 min, polymerase enzyme activation at 94 °C for 3 min, followed by a denaturation step at 94°C for 15 s. Annealing was achieved at 60 °C for 30 s. The denaturation and annealing steps were repeated for 45 cycles. Acquisition was done after each annealing step. Bio-Rad CFX96 C1000 thermal cycler (Bio-Rad Laboratories Inc., Singapore) was used for the cycling and analyses of the PCR results. According to internal validation, samples were considered negative if the threshold cycle value was > 38, uncertain if between 36 and 38 and positive if less or equal to 36 [49].

Sequencing and phylogenetic classification of derived sequences

Samples that were positive by real-time RT-PCR were further screened with a hemi-nested RT PCR assay targeting the RNA-dependent RNA polymerase (RdRp) region. This was done to generate amplicons of approximately 338 base pairs as previously described [50] for confirmation by sequencing. Amplicons were Sanger-sequenced (Microsynth Seglab, Göttingen, Germany) and overlapping bi-directional sequences were joined and MAFFT sequence alignments done in Geneious R11 (https://www.geneious.com). Classification of derived sequences was performed by phylogenetic comparisons with reference sequences available in GenBank by Bayesian inference using the MrBayes plugin in geneiosus [51]. A general time reversible model with gamma distribution and proportion of invariable sites (GTR+ G + I) was used.

Statistical analyses Swine analysis

Descriptive analysis was performed to determine the frequency and percentages of categorical variables. HEV RNA prevalence with its 95% confidence interval was computed at the animal level and farm based on a binomial distribution assumption. The association between HEV prevalence and sociodemographic or other clinical variables were tested using Fisher's exact test or Chisquare test where appropriate. Variables which were significant were entered into a logistic regression model to determine the independent risk factors associated with HEV positivity in the pigs. Estimates from the model were expressed as odds ratio (OR) and Wald's 95% Yeboah et al. One Health Outlook (2021) 3:13 Page 5 of 11

Table 1 Factors associated with HEV IgG positivity in humans

| Variable | Negative (%) | Positive (%) | <i>P</i> -value |
|---|--------------|--------------|-----------------|
| Total | 334 | 210 | |
| Age group (a) | | | < 0.001* |
| 13–32 | 192 (59.1) | 63 (30.3) | |
| 33–52 | 87 (26.8) | 77 (37) | |
| 53–90 | 46 (14.2) | 68 (32.7) | |
| Highest educational level | | | < 0.001* |
| No formal school education | 122 (36.5) | 129 (61.4) | |
| Tertiary | 27 (8.1) | 8 (3.8) | |
| Middle School | 17 (5.1) | 5 (2.4) | |
| Junior High School | 69 (20.7) | 26 (12.4) | |
| Senior High School | 43 (12.9) | 11 (5.2) | |
| Primary School | 56 (16.8) | 31 (14.8) | |
| Religion | | | < 0.001* |
| No religion | 5 (1.5) | 7 (3.3) | |
| Christian | 229 (68.6) | 115 (54.8) | |
| Muslim | 73 (21.9) | 48 (22.9) | |
| Traditional | 27 (8.1) | 40 (19) | |
| Gender (a) | | | 0.179 |
| Female | 137 (41.3) | 98 (47.6) | |
| Male | 195 (58.7) | 108 (52.4) | |
| Marital status of respondent | | | < 0.001* |
| Single | 106 (31.9) | 30 (14.6) | |
| Married | 210 (63.3) | 164 (80) | |
| Cohabiting | 5 (1.5) | 0 (0) | |
| Divorced | 6 (1.8) | 2 (1) | |
| Separated | 1 (0.3) | 1 (0.5) | |
| Widowed | 4 (1.2) | 8 (3.9) | |
| Region | | | < 0.001* |
| Ashanti | 53 (15.9) | 21 (10) | |
| Greater Accra | 23 (6.9) | 4 (1.9) | |
| Northern Region | 29 (8.7) | 33 (15.7) | |
| Upper East | 167 (50) | 146 (69.5) | |
| Volta Region | 62 (18.6) | 6 (2.9) | |
| Do you use pipe as your source of water (a) | | | 0.022* |
| No | 267 (80.2) | 185 (88.1) | |
| Yes | 66 (19.8) | 25 (11.9) | |
| Do you use a well as your source of water (a) | | | 0.54 |
| No | 264 (79.3) | 161 (76.7) | |
| Yes | 69 (20.7) | 49 (23.3) | |
| Do you use a borehole as your source of water (a) | | | < 0.001* |
| No | 150 (45) | 62 (29.5) | |
| Yes | 183 (55) | 148 (70.5) | |
| Do you have toilet facility in your home (a) | | | 0.035* |
| No | 168 (50.6) | 126 (60.3) | |

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Table 1 Factors associated with HEV IgG positivity in humans (Continued)

| Variable | Negative (%) | Positive (%) | <i>P</i> -value |
|---|--------------|--------------|-----------------|
| Yes | 164 (49.4) | 83 (39.7) | |
| Do you use stream as your source of water (a) | | | 0.015* |
| No | 324 (97.3) | 210 (100) | |
| Yes | 9 (2.7) | 0 (0) | |
| Do you consume pork (a) | | | |
| No | 134 (40.2) | 199 (59.8) | |
| Yes | 81 (38.6) | 129 (61.4) | 0.766 |
| Contact with Pigs | | | |
| No | 184 (55.1) | 96 (45.7) | 0.041* |
| Yes | 150 (44.9) | 114 (54.3) | |

^{*}Shows significance for variable with *p*-value < 0.05; ^a denotes variables that had missing data points in them. The proportions shown are based on available data provided by respondents and not on the total positive and negative for all participants. NB: All proportions calculated are based on the complete set of column data for positive and negative

confidence interval (CI). All statistical tests were two-tailed and $p \le 0.05$ were considered statistically significant. Statistical analysis was done using R statistical software (version 3.5.1, 2018).

Human analysis

Categorical variables were expressed as frequencies and percentages for antibodies to HEV detected. Continuous variables were expressed as mean or medians based on the distribution of the data. The association between HEV detection and contact with pigs together with other variables was analysed using Fisher's exact test or Chi-square test where appropriate. Variables that were significant were entered into a logistic regression model. Confounding variables were monitored by evaluating the change in the coefficient of a factor after removing another factor. Estimates were expressed as OR and 95% Wald's CI. A statistically significant result was considered when p-value ≤ 0.05 .

Results

Sociodemographic characteristics of study participants

Our study enrolled a total of 544 study participants. The median age of participants was 35 (IQR = 25-50) with more males (303, 56.3%) than females (235; 43.5%). Majority of the participants were from the Upper East region (313; 57.5%). Two hundred and sixty-four (264; 48.5%) were in direct contact with pigs and 280 (51.5%) were not. Most of the subjects were married (374; 69.6%) and many had no formal school education (251; 46.1%).

Hepatitis E testing in humans

All human samples were negative for hepatitis E viral RNA. Two hundred and ten participants were positive for IgG with an overall prevalence of 38.6%. A comparison of HEV antibody positivity for other risk factor variables showed significant differences for age, educational level, religion, marital status, region of participants, the type of drinking water (pipe borne water, borehole) and contact with pigs (Table 1). The frequency of HEV

Table 2 Independent risk factors of HEV antibody exposure

| Region | Crude OR (95%CI) | Adj. OR (95%CI) | P (Wald's test) | P (LR-test) |
|-----------------|------------------|------------------|-----------------|-------------|
| Ashanti | Reference | Reference | | < 0.001 |
| Greater Accra | 0.36 (0.1,1.33) | 0.29 (0.07,1.16) | 0.081 | |
| Northern Region | 3.16 (1.5,6.64) | 7.86 (2.8,22.04) | < 0.001 | |
| Upper East | 2.43 (1.37,4.3) | 4.03 (1.67,9.76) | 0.002 | |
| Volta Region | 0.29 (0.11,0.78) | 0.43 (0.14,1.31) | 0.139 | |
| Age group | | | < 0.001 | |
| Ref: 13-32 | | | | |
| 33–52 | 2.61 (1.71,3.99) | 3.11 (1.97,4.93) | < 0.001 | < 0.001 |
| 53-90 | 4.25 (2.63,6.86) | 5.81 (3.4,9.91) | < 0.001 | |

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Table 3 Association between HEV detection and pig characteristics

| Variable | Hepatitis E RNA | | |
|---------------------------|-----------------|-----------|-----------------|
| | Negative | positive | <i>p</i> -value |
| Total (n = 720) | 697 | 23 | |
| Age of animal | | | < 0.001 |
| Adult | 506 (72.6) | 4 (17.4) | |
| Weaners | 191 (27.4) | 19 (82.6) | |
| Sex of animal | | | 0.126 |
| Female | 429 (61.5) | 10 (43.5) | |
| Male | 268 (38.5) | 13 (56.5) | |
| Rectal temperature | | | 0.053 |
| Fever | 165 (23.7) | 10 (43.5) | |
| No fever | 532 (76.3) | 13 (56.5) | |
| Presence of ectoparasites | | | 0.878 |
| No | 520 (74.6) | 18 (78.3) | |
| Yes | 177 (25.4) | 5 (21.7) | |
| Body scoring | | | 0.487 |
| Emanciated | 10 (1.4) | 0 (0) | |
| Moderately fat | 39 (5.6) | 0 (0) | |
| Normal | 498 (71.4) | 15 (65.2) | |
| Obese | 5 (0.7) | 0 (0) | |
| Thin | 145 (20.8) | 8 (34.8) | |
| Ticks | | | 0.345 |
| No | 661 (94.8) | 21 (91.3) | |
| Yes | 36 (5.2) | 2 (8.7) | |
| Icterus | | | < 0.001 |
| No | 697 (100) | 23 (100) | |
| Respiratory distress | | | < 0.001 |
| No | 697 (100) | 23 (100) | |
| Neurological disorder | | | < 0.001 |
| No | 697 (100) | 23 (100) | |
| Flea | | | 1 |
| No | 693 (99.4) | 23 (100) | |
| Yes | 4 (0.6) | 0 (0) | |

antibodies in contact groups (114; 54.3%) was higher than those in the non-contact groups (96; 45.7%) and the difference was statistically significant in univariate analysis (p = 0.041). However, adjusting for other significant variables in a multivariate logistic regression analysis left no significant difference for HEV prevalence among contact and non-contact groups. Similarly, a higher number of christians were hepatitis E antibody positive as compared to muslims and traditionalists. Although the difference was significant in the univariate analysis, further adjustment with other variables at the multivariate level did not show any significance. A

further analysis at the multivariate level did not show significant difference for the types of water, education, religion and marital status. The region and age group were however significant risk factors of HEV positivity (Table 2).

Pig characteristics

Seven hundred and twenty (720) pigs were sampled from 18 farms located in five regions. Of these, 439 (61.0%) were females. Most of the pigs sampled were adults 510 (70.8%) as compared to weaners 210 (29.2%). Based on records of rectal temperature taken, 175 (24.3%) of the pigs had fever and 545 (75.7%) had no fever.

HEV RNA detection in pigs

Twenty-three (23) of the 720 pigs (3.2, 95%CI = 2.0–4.8) were positive for HEV RNA by real-time RT-PCR. The highest number of HEV was detected on farms where most weaners were sampled. The detection rate in weaners (19/210, 9, 95%CI = 5.5–13.8%) was about ten times that in adult animals (4/510, 0.8, 95%CI = 0.2–2.0), which was significantly different (p < 0.001). Detection rates were similar in male vs. female animals (p = 0.126). A multivariate logistic regression showed weaners have 11.57 (95% CI = 3.83,34.94) odds of exposure to HEV compared to adults and this was statistically significant (p < 0.001) as shown in Table 3.

Classification of HEV sequences

All 23 real-time RT-PCR-positive samples were also positive by hemi-nested RT PCR. The sequences obtained form this study were most similar to each other with a maximum sequence identity of 99.84% and a minimum of 87.62%. The most closely related sequence to the ones from this study was another sequence from Ghana (Accession number: MN714358) [52] with 97.43% as the highest sequence identity followed by a sequence from Germany (Accession number: FJ998008) with a sequence identity of 88.75%. The sequences from this study clustered together with other genotype 3 sequences when compared with other HEV reference sequences [53] as seen in Fig. 2. All sequences obtained in this study were submited to GenBank and assigned accession numbers MW331262-MW331276.

Discussion

HEV is considered to be of significant public health importance in many developing countries and likely to thrive in resource-poor regions in Africa and Southeast Asia. The prevalence of anti-HEV has been extensively reviewed in Africa with rates varying from 0% in the general population [54] to 84.3% in pregnant women [55]. We recently reported a prevalence of 32.9% among jaundiced patients in Ghana [56].

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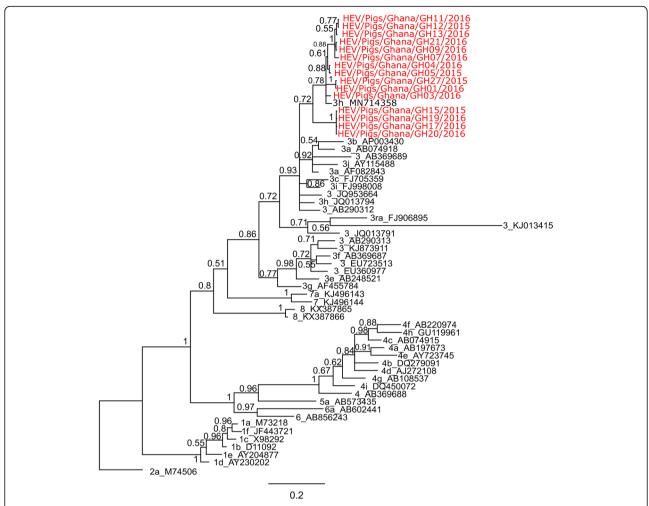


Fig. 2 Phylogenetic comparison of sequences from this study with HEV reference sequences. The tree was generated by Bayesian inference using a general time reversible model with a gamma distribution and proportion of invariable sites (GTR + G + I). Sequences from this study are highlighted in red. Reference sequences are designated with GenBank accession numbers preceded by genotype and subtype (when available) designation. The tree was rooted with a genotype 2 sequence

Although high sero-prevalence has been reported, the source of these infections in resource-poor settings is still under investigation. Two studies conducted in the capital city of Ghana (Accra) reported total IgG prevalence of 34.8 and 38.1% among pig handlers [5, 57]. It was however not clear whether this was associated with pig farminig or common to the general population. We therefore conducted a comparative cross-sectional study to find out whether rearing or staying in close proximity to pigs is associated with exposure to HEV and to further evaluate the risk of zoonotic HEV infection in both swine and humans.

Our study identified a 3.2% prevalence of HEV RNA viremia among pig samples in five regions in Ghana with most cases from farms having a high proportion of weaners. This indicates high transmission and incidence rates during early life when maternal immunity begins to wane, which corresponds to findings from other

regions with intensive hog farming [58]. Also, the prevalence of viremia was similar to studies of HEV in Europe [59]. All HEV RNA samples were identified as genotype 3, suggesting a risk of zoonotic hepatitis E like in other regions of the world [60]. Our search for swine-related factors associated with human infection therefore seems justified.

Several reports in industrialised countries support a link between presence of anti-HEV and direct contact with pigs. Studies in United States [61], Switzerland [62], Germany [63], Australia [64] found significant differences in prevalence of individuals in close contact with pigs compared to those not exposed. On the contrary other studies conducted in Sweden [44] and Brazil [65] found no significant differences between those exposed or unexposed to pigs. Data are more limited in Africa. Previous studies in Ghana and Madagascar investigated only pig contacts but no simultaneous control groups [5,

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66]. One study in Uganda identified high HEV antibodies among pig contact groups as compared to noncontact groups [67].

Whereas we have not been able to detect viral RNA in any of our human subjects and thereby failed to prove transmission by sequence identity, the design of our study permits some relevant conclusions based on seroprevalence. For instance, the risk of HEV infection was independently associated with age. People aged more than 32 years had the highest exposure as compared to young groups (< 32). Knowing that antibodies against HEV persist for prolonged time [68], seroprevalence can only summarize cumulative exposures per group rather than being able to indicate recent infection [69] (it should be mentioned, however, that some authors consider anti-HEV antibodies to be short-lived and wane after ca 5 years [70]). As seroprevalence was high also in the group without direct contact, this can explain why we have not seen a correlation between direct pig contact and seropositivity. Transmission events in our study are likely to be reflected by serology on a cumulative basis, and also are assumed to include indirect exposures such as via fomites or water, as indicated by increased seroprevalence in parts of the population with lower levels of education, less favourable sanitary conditions, and no access to tap water. These are among the expected patterns of seroprevalence also for HEV genotypes 1 and 2, and these genotypes may account for a part of the seroprevalence observed in humans. Other examples such as the different seroprevalence rates between Christian and Muslim groups, however, point toward acquisition of HEV based on pork consumption. One limitation of this study was our inability to collect information on duration for contact with pigs or interaction in pig environments. Collection of this information would have improved further risk factor analysis in multivariate logistics regression. Further studies could consider inclusion of such variables in order to determine the levels of risk in contact and non-contact groups.

Conclusion

Our data confirm previous reports of high endemicity of HEV in Ghana. Active surveillance and introduction of vaccines could be helpful to reducing active infections in human. We have also provided evidence that pigs in Ghana have infectious form of HEV circulating among them and this could pose significant risk to zoonotic infection in human.

Abbreviations

CHRPE: Committee for Human Research, Publications and Ethics; Cl: Confidence interval; CO: Cut off; ELISA: Enzyme-Linked Immunosorbent Assay; GTR + G + I: General time reversible model with a gamma distribution and proportion of invariable sites; HEV: Hepatitis E virus; HRP: Horse radish peroxidase; IgG: Immunoglobulin G; IQR: Interquartile range; KATH: Komfo Anokye Teaching Hospital; KCCR: Kumasi Centre for Collaborative Research into Tropical Medicine; KNUST: Kwame Nkrumah University of Science and Technology; MAFFT: Multiple Alignment using Fast Fourier Transform; Nc: Mean absorbance value for three negative controls; OR: Odds ratio; PCR: Polymerase Chain Reaction; RdRp: RNA-dependent RNA polymerase; RNA: Ribonucleic Acid; RT: Reverse Transcriptase; USA: United States of America

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Authors' contributions

CD and YAS conceived the study. AAS, MO, IE and BM designed and coordinated the study. RY, JL, YF, MO, AAS, VB, PED were involved in collection of samples from humans and livestock animals and data collection. RY, PED, and MO did virological testing, sequencing, and data analysis. RY, AAS and MO developed the first draft of the manuscript. YAS, CD, OA, SKO, CA, RF and BE did substantive revision of the work. All authors contributed to writing and finalising the manuscript and agreed to submit for publication. All authors reviewed the data.

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Availability of data and materials

Data generated or analysed during this study are included in this published article. Sequences are available via NCBI GenBank. Further supporting data if required are available from the corresponding author on reasonable request.

Declarations

Ethics approval and consent to participate

The study protocol was approved by the Committee for Human Research, Publications and Ethics (CHRPE) of the Komfo Anokye Teaching Hospital (KATH) and School of Medical Sciences, Kwame Nkrumah University of Science and Technology (KNUST), Kumasi, Ashanti region, Ghana (Approval number, AP/167/17). Permission for livestock sampling was also obtained from the wildlife division of the Ghana Forestry Commission (Approval Number: AO/4957).

Consent for publication

Informed consent was obtained from all subjects involved in the study.

Competing interests

Christian Drosten is an Editorial Board Member for One Health Outlook. The authors declare that they have no other competing interests.

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