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Summer comfort in a low-inertia building with a new free-cooling system

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Abstract

Wood-framed buildings are considered to have low energy consumption since their construction mode generally gives high U-values and limited thermal bridges. Although the construction mode results in low heating consumption, the lack of storage capacity in the internal walls makes passive cooling designs such as night ventilation inappropriate. Consequently, the interior is subject to considerable temperature swings and higher temperatures than those of buildings with more massive internal surfaces. This paper investigates the possibility of reducing the energy used for cooling buildings by linking a so-called "phase-shifter" air/mass system to the HVAC system. This system is capable to restore the night cooling potential in the daytime by shifting the input temperature oscillation to around half a day, whereas temperature swing is conserved. The numerical model implemented on the SimSpark platform has been validated against the analytical solution for the constant airflow and harmonic temperature profile; then experimental data (obtained from the full-scale prototype designed and installed at the CSTB) has been used to assess its predictive capability with non-constant airflow. Using reduced ventilation periods has been numerically studied regarding environmental air resource and thermal storage efficiency of the system. The size and electricity consumption were optimized by this way. A comfort analysis was carried out on an experimental building with very high energy efficiency (INCA, INES, Le Bourget-du-Lac, France) based on the EN ISO 15251 adaptive model. Energy building simulations demonstrate that associating a phase-shifter to a low-inertia building gives it similar internal conditions to those of a more massive night-ventilated structure. Furthermore the proposed optimization greatly reduces the size of the system (by 30%) and the electricity consumption (by at least 38%) while the temperature is out of the comfort range for an extra 5% of the time.

Keywords: thermal mass, phase-shift, summer comfort, low-inertia building

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1. Introduction

Using wood-based building systems presents lower life-cycle primary energy balances than thermally equivalent steel or concrete-based building systems [1, 2]. Such building system, characterized by a low thermal inertia and thermal bridge, is widely used in cold-climat while passive energy storage through high thermal mass not significantly change the energy consumption [3]. However in mild to hot-climates, prevent overheating in passive building is a big concern. Passive cooling techniques could hence be used in order to achieve comfortable internal condition while keeping energetic cost to the minimum. Such techniques have been classified by Givoni [4] according to the natural source from where the cooling energy is derived: evaporative, soil and ventilative techniques. Artmann et al. [5] and in a more recent work Chesne et al. [6] have defined environmental resources indicators in order to quantify the ability of the air resource to cover the cooling energy needs of a building. Results show a significant potential in Central, Eastern and some region of Southern Europe. Unfortunately, such strategy is not suited to lightweight buildings. Their low thermal storage makes nocturnal ventilative cooling strategies not appropriate as they don't significantly lower the maximal temperature and they increase the day/night temperature difference [7].

A lot of published literature is available regarding passive or free-cooling techniques. Those specifics to lightweight building consist in introducing thermal storage material in the structure. As examples, replacement of the standard wallboard by one's containing phase change material (PCM) has been widely studied [8, 9, 10]. Fraisse et al. [11] studies active ventilation inside air gap of a double wall with high thermal inertia. Other techniques remained the structure of the building unchanged but storing and extracting the cold needed electric fan. As an alternative of positioning the thermal mass in the walls, it could be introduced into the ventilation system. Heat thermal energy storage unit (HTES) is a similar free-cooling system to the one studied in this paper. Storage medium could be in the form of latent and sensible energy type [12, 13, 14] or solely sensible [15]. Earth-to-air heat exchanger (EAHE) is also introduced in the building HVAC system and act as a pre-heating and free-cooling unit. According to the classification of Givoni [4], EAHE differs from HTES by the source of energy. The main defects of the EAHE from HTES are the areas of land it occupies, the cost of the installation, vapor condensation discharge from EAHE and possibility of fatal microorganisms cultivate [16].

The research proposed here differs from previous work on heat thermal energy storage unit and summer comfort in lightweight building's from:

- The so called "phase shifter" is a new type of HTES that allows shifting the temperature oscillation half-day with almost no dampening [17]. This system has been seldom studied so far.
- We studied the behavior of the system when the airflow was intermittent. The impacts of the type of operating mode on its dimensions as well as the reported cooling potential were quantified.
- The coupling of the system with a lightweight building was simulated to evaluated the service provided in both operating mode. Their behaviors were compared to that of a heavy building ventilated at night.

46 In the following introduction we illustrate the principle of the "phase-shifted ventila-
47 tion" and the two-phase Schumann model.

48 //Figure1//
49

50
51 The aim of 'phase-shifted ventilation' system is to delay the input temperature signal
52 without dampening it, Fig.1. System affects the temperature oscillation by a time-shift
53 (ϕ) with a transmission factor (τ) close to 1. The physical phenomena that take place
54 in a thermal phase-shifter are similar to those in a packed bed. The system schematic is
55 given in Fig.2. It is entirely defined by:
56

- 57 • A mechanically induced airflow \dot{m}_a at temperature T_a passes through storage ele-
58 ments of volume V_m and exchange. surface S_m that are homogenously distributed
59 within a duct with section S , length L and volume $V = L \times S$.
- 60 • The void fraction defined as $\eta = (1 - V_m/V)$.
- 61 • The volume of air on filled duct, $V_a = \eta V$.
- 62 • The equivalent thickness of the storage element $r_m = V_m/S_m$.
- 63 • Constant airflow, duct section and void fraction which yields the free and interstitial
64 velocities v_o and v .
- 65 • A unitary exchange surface $s_m = S_m/L$.
- 66 • The convective heat exchange between air and storage material, h_o .
- 67 • The unitary periodic storage capacity, $k_o = \omega C_{p_m} \rho_m r_m$.
- 68 • Air specific thermal capacity C_{p_a} , air mass per volume ρ_a , material specific thermal
69 capacity C_{p_m} and material mass per volume ρ_m .

70 //Figure2//

71 The two-phase model is based on the following assumptions:

- 72 • Temperature in each storage element T_m is homogeneous (lumped capacity model).
- 73 • The arrangement of the storage elements, airflow and convective coefficient are
74 independent of the cross-section and along the length of the system.
- 75 • Axial heat transfer is negligible.
- 76 • The ducting is totally adiabatic.

77 These assumptions lead to the two-phase Schumann model [18] in which the energy
78 balance on air and on material is represented by the following equations:

$$C_{p_a} \dot{m}_a \left(\frac{1}{v} \delta_t T_a \right) + s_m h_o (T_a - T_m) = 0 \quad (1)$$

$$r_m C_{p_m} \rho_m \delta_t T_m + h_o (T_m - T_a) = 0 \quad (2)$$

79 In the case of harmonic excitation ($T_{ps}|_{x=0}(t) = A \cos(\omega t)$), Hollmuller et al. [19]
80 proposes a solution in a permanent regime, where $T_{ps}|_x$ gives air temperature at distance
81 x from the system inlet and A the amplitude of the harmonic signal :

$$T_{ps}|_{x=L}(t) = A \exp\left(\frac{-hs_m L}{C_{p_a} \dot{m}_a}\right) \cos\left(\omega\left(t - \frac{L}{v}\right) - \frac{ks_m L}{C_{p_a} \dot{m}_a}\right) \quad (3)$$

$$\text{with } \begin{cases} h = h_o k_o^2 / (h_o^2 + k_o^2) \\ k = h_o^2 k_o / (h_o^2 + k_o^2) \end{cases} \quad (4)$$

82 For common storage material with high capacity compared to air ($C_{p_a} \rho_a \ll C_{p_m} \rho_m$)
83 and low unitary periodic storage capacity in relation to convective exchange ($k_o \ll h_o$),
84 phase-shift and amplitude-transmission are expressed as:

$$\tau \approx \exp\left(-\frac{k_o}{h_o} \phi\right) \quad \text{and} \quad \phi \approx \frac{ks_m L}{C_{p_a} \dot{m}_a} \quad (5)$$

85 Currently, very few studies [20, 21] deal with the interest of linking this system to the
86 building and almost consider a continuous mechanically induced airflow. As will be
87 seen in the article, numerical solution of the Schumann model yields very satisfying results
88 with non-continuous airflow and non-harmonic temperature oscillation. Continuous and
89 intermittent system ventilation modes have then been tested on a low-inertia building.

90 2. Description and validation of the numerical model

91 2.1. SimSpark implementation

92 To assess the energy behavior of the system with no constant airflow and no harmonic
93 solicitation, the Schumann model can be solved numerically by using the finite volume
94 method with the solver Spark [22]. Equations for the i^{th} control volume are as follows:

$$C_{p_a} \dot{m}_a (T_{e_i} - T_{s_i}) = S_m h_o (T_{a_i} - T_{m_i}) + \rho_a C_{p_a} V_a \delta_t T_{a_i} \quad (6)$$

$$S_m h_o (T_{a_i} - T_{m_i}) = \rho_m C_{p_m} V_m \delta_t T_{m_i} \quad (7)$$

$$T_{a_i} = (T_{e_i} - T_{s_i}) / 2 \quad (8)$$

95 T_{e_i} and T_{s_i} represent respectively the inlet and the outlet air temperature of the
96 i^{th} control volume, T_{a_i} the mean air temperature and T_{m_i} the particle temperature. The
97 system model consists of 14 control volumes coupled together ($T_{s_{i-1}} = T_{e_i}$). The variables
98 and parameters of the model are: T_{ext} , P_{atm} , H_r , Q_v , ρ_m , C_{p_m} , h_o , η , V_a , V_m , S_m , S ,
99 L . Relations between spherical storage elements characteristics (R , η) and equations
100 parameters are as follow : $S_m = 3LS(1 - \eta)/R$, $V_a = \eta SL$ and $V_m = (1 - \eta)SL$.

101 *2.2. Numerical versus analytical solutions*

102 To confirm that the implementation is correct and the discretization is sufficient,
103 the model was compared to the analytical solution (Eq.(4)) after an initialization
104 period of 10 days. The validation concerns the outlet air temperature in the case
105 of harmonic excitation ($T_{ps}|_{x=0}(h) = A \cos(2\pi(h - cst)/24) + \overline{T_{ext}}$) and constant air-
106 flow. The benchmark between an analytical and a numerical solution was realized for
107 a large input domain. Constant parameters are as follow : $C_{pa} = 1000 J kg^{-1} K^{-1}$,
108 $\rho_a = 1.12 kg m^{-3}$, $C_{pm} = 4180 J kg^{-1} K^{-1}$, $\rho_m = 1000 kg m^{-3}$, $R = 0.00475 m$,
109 $S = 0.5 m^2$, $\eta = 0.34$, $\overline{T_{ext}} = 23 ^\circ C$ and $A = 9 ^\circ C$. Phase-shifting and amplitude trans-
110 mission were compared for airflow rates of between 100 and 400 $m^3 h^{-1}$ and material
111 volume between 0.5 and 1.75 m^3 (the Achenbach correlation [23] links the convective
112 exchange to the airflow rate). Fig.3 compares analytical and numerical air outlet solu-
113 tion for 350 $m^3 h^{-1}$ airflow rate and 1.75 m^3 material volume. For the various airflow
114 and material volume combination, it has been found that the differences in terms of
115 transmission amplitude and phase-shift do not exceed 5%, with the maximum occurring
116 for low amplitude signals. For these reasons the accuracy of the numerical model in the
117 specific case of harmonic excitation is considered to be in satisfactory agreement with
118 the analytical solution.

119

120 //Figure3//

121

122 For the analytical/numerical comparison, numerical solving was carried out with a
123 short time-step calculation (1 minute). In order to compute energy simulation on a
124 large time-scale with a reasonable calculation cost, sensitivity of this parameter on the
125 output temperature was evaluated for time steps of 1, 5, 15 and 30 minutes and 1 hour.
126 The simulations have shown that the differences in all time-solving resolutions are lower
127 than 0.2 $^\circ C$. Model validity was further investigated with non-constant airflow using the
128 prototype presented below.

129 *2.3. Prototype description*

130 //Figure4//

131

132 The CSTB prototype (Fig.4) differs from models of previous experiments [19] in
133 three main ways. The first is that the airflow rate can be made time-dependent; the
134 second concerns the structure and dimensions of the duct that allows the use of material
135 in sufficient quantities to enable phase-shifting of greater than 8.00 h , considering an
136 airflow rate of 250 $m^3 h^{-1}$. Finally, the system is designed for external use and so it
137 could be easily coupled to a small building or test cell. The prototype consists of a duct
138 which is 4.5 m in length and $1.1 \times 0.6 m$ in cross-section with 20 cm of polystyrene
139 insulation around it. A fan provides the airflow and the rate can be controlled with a
140 0–10 V signal. Water was chosen as the material due to its high sensible heat, which can
141 reduce the required quantities by 40% ?]; water is held in a 10 cm diameter polyolefine
142 ball (Cristopia nodules). The duct was filled with 2200 nodules in a compact hexagonal
143 arrangement occupying 1.25 m^3 , so the void fraction was approximately 0.34. We carried
144 out experimentation over several weeks with an airflow of 380 $m^3 h^{-1} m^{-2}$. Temperature
145 along the channel (air and surface material), airflow rate at the outlet and pressure

146 losses in the packed bed were measured with a Campbell data logger. Transmission and
147 phase-shift were deduced from a Fourier series analysis on temperature measurement.
148 We obtained a transmission of 33% and a phase-shift of 11 h . Compared to the 80%
149 transmission obtained with the 16/13 PVC tubes placed perpendicularly to the airflow,
150 the 33% transmission is not satisfactory (**Ajouter la reference pour les tubes PVC**).
151 Reducing the diameter of the nodules may enhance the transmission by increasing the
152 ratio between convective exchange and unitary periodical storage capacity ($h_o < k_o$)
153 (cf. Eq.(5)) but these nodules are not produced in a smaller size. Despite a lower
154 than expected transmission, the experimental set-up was able to assess the validity of
155 the numerical model for intermittent airflow circulation.

156 2.4. *Experimental validation*

157 The first step was to calibrate the model parameters for permanent airflow circulation.
158 Fig.5 represents the comparison of experimental and numerical output temperature after
159 the calibration step. Two parameters were chosen - the convective heat transfer coefficient
160 (h_o) and the system length (L). Calibration was obtained by minimizing the quadratic
161 error between experimental and numerical output temperature using GenOpt [24]. The
162 value of the convective heat transfer resulting from the optimization was $11.8 W m^{-2} K$
163 and the volume corresponding to the system length was $0.92 m^3$ - a reduction of 27%
164 compared to the real volume. This difference may be due to the non-homogeneous airflow
165 in the section and along the axis. Furthermore, the experimental result revealed that
166 24 hours are needed to initialize the dynamic variables (air and particle temperatures),
167 after which only small differences (less than $0.5 ^\circ C$) persist.

168
169 //Figure5//

170
171 In the second step, we were mainly interested in assessing the validity of our model for
172 alternated airflow circulation (alternating 6 h periods with and without ventilation). The
173 previously calibrated model was used unchanged and the airflow pattern was the same
174 as the experimental one. The comparison between experimental and numerical outlet
175 temperature is shown in Fig.6. The precision in the case of intermittent ventilation is
176 comparable to that obtained with a constant airflow rate; one difference concerns the
177 dynamic variables initialization times that take approximately 48 h .

178
179 //Figure6//

180
181 In the numerical model, the energy conservation law indicates that with the airflow
182 rate at zero, the material temperature remains constant. Fig.7 shows nodule temper-
183 ature at different distances from the air inlet: 25, 75, 125, 175, 225, 275 and 325 cm .
184 These temperatures were recorded between the 20 and 26 August 2010. In this period,
185 ventilation was stopped at noon on the 21 August; from that moment, the tempera-
186 ture presented dampened daily oscillations on the entry and the exit section due to air
187 infiltration, while the other temperatures moved away from their initial values by only
188 $2 ^\circ C$ on a five-day sequence. This limited temperature variation over a sequence of five
189 days shows that the model assumption - that material temperatures are constant during
190 ventilation stop periods of less than 10 hours - is acceptable.

191

192 //Figure7//

193

194 3. Thermal storage efficiency under intermittent ventilation

195 To assess the behavior of the system under intermittent ventilation, parametric stud-
196 ies on storage volume and ventilation cycle duration were conducted for three systems
197 distinguishable by their transmission amplitude. The best one transmits 72% of the ini-
198 tial signal amplitude while the lower amplitude transmission considered was equivalent
199 to our prototype (32%). The evaluation criterion is the thermal storage efficiency (η_{ps}),
200 which is given by the fraction of the reported cooling potential (RCP) over the available
201 daily cooling potential (DCP). The cooling energy is assumed to be reported as long
202 as the output temperature is inferior to the reference and to the outside temperature.
203 Fig.8 gives a graphical explanation of the calculation method.

204

205 //Figure8//

206

207 Parametric simulation and post-treatment were carried out using Matlab as well as
208 the SimSpark simulation platform. For each system, the quantity of material and con-
209 vective heat transfer were fitted to achieve a complete phase-shift (12 h) and defined
210 transmission amplitude considering Cristopia nodules as storage material, and a 0.34
211 void fraction. The multiple simulations were carried out over the month of June consid-
212 ering the meteorological data of Grenoble.

213

214 //Figure9//

215

216 Fig.9 shows twenty thermal efficiency curves; each of the curves represents a specific
217 ventilation cycle that we characterize by the daily duration of ventilation, which is of
218 between 8 h 50 min and 24 h. To go from one curve to the next, one adds 2 h 25 min of
219 ventilation. Each of the curves represents a specific ventilation cycle that we characterize
220 by the daily duration of ventilation. For continuous ventilation (the black curve), reduc-
221 tion of the initial storage volume (V_{init}) to half of its initial value reduces the storage
222 efficiency from 96% to 54%. When the quantities of material are reduced, phase-shifting
223 decreases linearly, whereas transmission increases exponentially (Eq.(5)). Despite the
224 better transmission, reducing the phase-shifting considerably reduces the daily periods
225 during which the temperature of the system outlet is lower than the exterior temperature.

226 The ventilation periods are based on the times of minimum and maximum daily
227 temperature. The thick grey curve is the thermal storage efficiency characteristic for 8
228 hours ventilation, by day and night. It has a parabolic profile with a maximum occurring
229 at approximately 65% of the initial storage volume. The thermal storage efficiency is 20%
230 higher than in the case of continuous ventilation.

231 An interesting result is that the reduction of the material storage quantities must be
232 associated with a reduction in the ventilation duration to avoid a considerable reduction
233 of the thermal storage efficiency. Reduction of the ventilation duration is interesting
234 as it allows the daily ventilation to be fitted to the building load profile and the night
235 ventilation to the environmental resource availability.

236 **4. System integration in low-inertia buildings**

237 *4.1. Description of the method*

238 Now, we use the system as an alternative or in conjunction with direct night ventila-
239 tion for an office building in Chambéry, France. First, we compare the thermal behavior
240 of wooden and concrete night-ventilated structures. Then we try to minimize the hours
241 of thermal discomfort by coupling the wooden building to the thermal phase shifter.
242 Continuous and intermittent storage irrigation are tested and comfort analysis of the
243 building is assessed according to several methods of comfort evaluation (Fanger EN ISO
244 7730, Adaptive approach EN ISO 15251, Givoni zones, ASHRAE summer zone). In the
245 following, the four configurations are noted:

- 246 • C: Night-ventilated concrete structure,
- 247 • W: Night-ventilated wooden structure,
- 248 • W24: Identical to W but HVAC is associated with continually ventilated thermal
249 storage requiring $3.4 m^3$ of storage material,
- 250 • W16: Identical to W24 but ventilation duration is reduced from $24 h/24$ to $16 h/24$
251 and optimization of the η_{ps} leads to a reduction in the material quantity from 3.4
252 to $2.3 m^3$.

253 The differences between C and W configurations are as follows:

- 254 • Inner wall layer: $15 cm$ heavy concrete instead of $1.3 cm$ plasterboard,
- 255 • First floor slab: $15 cm$ heavy concrete instead of $5 cm$ wood.

256 Year-round simulation was carried out using the meteorological data set of Chambéry.
257 For each simulation, the systems were pre-simulated for a continuous and an intermit-
258 tent ventilation pattern using the numerical model presented. Building responses were
259 then simulated within a SimSpark building model which integrates a ventilation control
260 algorithm using the pre-simulated system as an input. The algorithm selects - among
261 recovery ventilation, direct ventilation, night ventilation and phase-shifted ventilation
262 - the most interesting mode according to the building variables (internal temperature,
263 heating, temperature bounds) as shown in Fig.10. To improve the simulation accuracy,
264 the time step was reduced to $5 min$.

265 //Figure10//
266
267

268 *4.2. Building test-case*

269 The test case is shown in Fig.11. It is the wood-framed house on the INCAS exper-
270 imental platform near Chambéry (France) whose complete description can be found in
271 [25]. INCAS consists of 3 detached houses which have the same dimensions but differ-
272 ent construction techniques. Each house contains more than 100 sensors to quantify and
273 compare their thermal behavior and indoor air quality. This is a two-storey building with
274 insulation ranging from 20cm (slab and vertical wall) to 40cm for the ceiling. Overhang

275 size and south windows surfaces have been optimized to reduce heating consumption and
276 heat gain during the summer.

277

278 //Figure11//

279

280 Building energy simulation is effected using a building energy model developed in
281 [26] under the SimSpark simulation environment [22]. The thermal model consists of two
282 zones: the first and the second floors. The main parameters governing thermal behavior
283 are as follows:

- 284 • External walls are considered as a single 20 *cm* layer of insulation. As result, the
285 thermal inertia of the building is limited. Slab is the only concrete surface in the
286 construction.
- 287 • The solar access is oriented 15 ° southeast with a window-to-wall aera ratio of
288 28%. External solar shading is designed to minimize the solar gain in summer and
289 maximize it in winter.
- 290 • The internal layout represents an office building with 15 W/m^2 internal gain in
291 the 8 : 00 – 12 : 00 *h* and 14 : 00 – 18 : 00 *h* occupancy period, 5 W/m^2 between
292 12 : 00 – 14 : 00 *h* and 3 W/m^2 between 18 : 00*h* – 8 : 00 *h*.

293 5. Results and discussion

294 5.0.1. Thermal behavior

295 //Figure12//

296

297 Fig.12 presents building energy simulations for the different configurations: ventila-
298 tion modes for W24 and W16, the indoor temperature of the 4 configurations and the
299 common internal load. Fig.13 shows the overheating duration for the year, considering
300 periods of occupancy only (2600 *h/year*).

301 Temperature damping is relevant when a structure is made of high thermal storage
302 material. On the second day of the presented sequence, the temperature amplitude was
303 11 °C in the wooden building and only 6 °C in the concrete structure. Consequently, the
304 maximum temperature is limited to 28 °C in a massive building but reaches up to 31 °C
305 in wooden structures. Cumulated overheating temperatures are more than two times
306 lower in heavy structures for temperatures of up to 27 °C; this reflects the temperature
307 damping capability of the thermal inertia. To conclude, low-inertia is characterized by
308 fast response times and high temperatures, thermal comfort seems to be unacceptable
309 and the building has to have a cooling system.

310 The association of the low-inertia structure to the sensible storage unit results in a
311 thermal behavior similar to that of a heavy construction, with a reduction in amplitude
312 and maximum temperature. Continuous system ventilation gives temperatures that are
313 lower by 2 °C during the morning occupancy period and by more than 1 °C in the
314 afternoon as compared to the high-inertia structure. In the case of intermittent venti-
315 lation, system ventilation starts at noon, when the wooden building temperatures reach
316 the temperature of the concrete building. From that time, the system provides enough

317 fresh air to give a lower internal temperature than that of the concrete building. Fig.13
318 presents overheating cumulated temperature considering occupancy hours. For tempera-
319 tures higher than 27 °C, the distribution provided by the intermittent system is identical
320 to that of the continuously ventilated system.

321

322 //Figure13//

323

324 5.0.2. Comfort analysis

325 Comfort is evaluated for the summer period and only for the time of occupancy
326 (Monday → Friday, 8 : 00 to 12 : 00 and 14 : 00 to 19 : 00) using four different comfort
327 evaluation methods: the international standard EN ISO 7730 [27], the European standard
328 EN ISO 15251 [28], the American standard ASHRAE [29] and the bio-climatic approach
329 proposed by Givoni [30], all presented on a single psychometric chart.

- 330 • EN ISO 7730: the conventional comfort model, with a physical approach, in-
331 volves the assumption that comfort can be derived from a human heat balance.
332 The comfort bounds are derived from the PMV and PPD equations which rep-
333 resent the "Predicted Mean Vote" and "Percentage of Persons Dissatisfied" at
334 less than 6 and 15% respectively. They are based on a summer clothing level
335 (clo=0.5) and metabolism corresponding to a seated person ($1\text{met} \Leftrightarrow 58\text{W}/\text{m}^2$).
336 The mean comfort temperature is approximately 25.5 °C with 0.5 °C tolerance,
337 beyond which discomfort is assumed to occur for $PPD < 6\%$ and 1.5 °C tolerance
338 for $PPD < 15\%$.
- 339 • ASHRAE Standard 55 also has a physical approach; the summer comfort zone spec-
340 ifies the conditions where sedentary or slightly active persons would feel slightly
341 cool or warm (± 0.5 on the ASHRAE thermal sensation scale). The comfort tem-
342 perature range is about the same as the one obtained from the EN ISO 7730 with
343 $PPD < 15\%$ but the mean comfort temperature is one degree lower.
- 344 • EN ISO 15251 is an empirical approach dedicated to buildings that have no mech-
345 anical cooling to reduce indoor temperatures. It introduces a consideration of
346 the experience of the environment since the comfort temperature is calculated ac-
347 cording to the previous daily mean temperature ($T_{rm} = (1 - \alpha)(T_{ed-1} + \alpha T_{ed-2} +$
348 $\alpha^2 T_{ed-3} + \dots)$). The comfort temperature range is calculated as follows: $T_{bound} =$
349 $0.33 \times T_{rm} + 18.8 \pm Cat$, where Cat represents the interval tolerance (Category I:
350 Cat=2, Category II: Cat=3, Category III: Cat=4).
- 351 • Givoni bio-climatic charts were developed by Givoni in 1976 and are based on
352 indoor temperature (differing from Olgay's charts which are based on external
353 temperature) and defined climatic conditions under which various building design
354 can provide indoor summer comfort: daytime ventilation, high mass, direct evap-
355 oration cooling and indirect evaporation cooling. The presented charts concern
356 comfort acceptance in high-mass design strategies considering developed and hot
357 developing countries.

358 The four comfort evaluation methods are reported in Fig.14 where each psychometric
359 graph presents indoor temperature/humidity for the occupancy period from 1 June to 1

360 September. The graphics (a-b) concern the night ventilation strategy for the high-inertia
361 building (the reference) and the wooden building. Overheating hours (EN15261 not
362 respected), indicated by grey crosses, clearly appear for the wooden structure whereas
363 almost all thermal responses of the concrete structure are included in the larger Givoni
364 Chart. Coupling the low-inertia structure with the phase-shifting system gives satis-
365 factory results since the number of overheating hours decreases considerably. Summer
366 comfort provided by the continuous and the intermittent ventilation are graphically sim-
367 ilar, so the adaptive comfort acceptance (expressed as a percentage of time) is proposed
368 in Table 1.

369

370 //Figure14//

371

372 The following conclusion can be drawn from the comfort adaptive analysis:

- 373 • As previously indicated, the percentage of time during which comfort was not
374 achieved in the wooden building is considerable; it reaches 59% of the occupancy
375 period whereas it is only 11% for the high-mass structure, whose indoor climate
376 could be classed half of the time in the first category.
- 377 • The unsatisfactory period falls from 59% to 17% when W building is coupled to the
378 storage system. With the phase-shifting system, it is possible to achieve comparable
379 comfort conditions as to those of the concrete building: Cat1 (C: 48%, W24: 45%
380 W16: 41%), Cat2 (C: 23%, W24: 26% W16: 25%) and Cat3 (C: 18%, W24: 16%
381 W16: 16%).
- 382 • The reduction of the ventilation duration by 38% has only a slight consequence on
383 comfort: Cat1 (W24: 45% W16: 41%), Cat2 (W24: 26% W16: 25%) and Cat3
384 (W24: 16% W16: 16%) while contributing to at least a 38% reduction in electricity
385 consumption and a 30% reduction in the size of the system.

386 //Table1//

387

388 It has been shown that the thermal phase-shifter system significantly improve the
389 summer thermal comfort of the low-inertia structure without modifying any specificities
390 of the wooden construction. From this combination (weighing $340 + 30 \text{ kg m}^{-2}$) results
391 a temperature, distribution and comfort analysis that is not very different from the
392 concrete one (weighing 1300 kg m^{-2}). Our optimized system shows that we could take
393 best advantage of the conventional phase-shifter by greatly reducing its size (30%) and
394 electricity consumption (at least 38%).

395 6. Conclusion

396 The two-phase model, usually analytically solved, was presented and numerically
397 solved using the Spark solver. The model was validated according to the analytical model
398 for harmonic solicitation and, for intermittent airflow, the model prediction availabili-
399 ties were assessed and compared to the experimental output temperature, considerable
400 agreement being noted.

401 So, the numerical model was used to assess the ability of the system to report the night
 402 potential for 140 combinations of ventilation duration and material storage size. One
 403 interesting result was that the thermal storage efficiency could be significantly improved
 404 by associating the reduction of the ventilation period with a reduction in the quantity of
 405 storage material. In other words, appropriate functioning periods could maintain high
 406 efficiently levels when the size of the system has to be reduced.

407 In the final part, a continually irrigated and an intermittent ventilated system were
 408 coupled to a low-inertia building and their thermal behavior was compared to a building
 409 that was identical except for its concrete structure. Our proposition consists of limiting
 410 the use of the system to periods when environmental potential and building cooling needs
 411 are at their maximum. It permits a considerable reduction in the size (more than 30%)
 412 and electricity consumption of the system and gives performances that are close to those
 413 of the high-inertia building.

414 While the optimization of a continuously ventilated phase-shifted system was mainly
 415 based on the determination of the optimal time-shifting and airflow rate as described
 416 in the first section, an optimal intermittent ventilation pattern is a complex optimizing
 417 process since it involves a time-variable parameter (airflow rate). In this work, ventilation
 418 start and stop times were scheduled and the output temperature of the system was pre-
 419 processed and used as input to the building thermal model, so the intermittent results do
 420 not correspond to the optimal possibility but are still of great interest. This optimization
 421 process will be part of further work involving coupled building and system equation
 422 solving and additional storage model validation for variable airflow rates.

423 7. Acknowledgements

424 This research was possible thanks to the contributions of the French Environment
 425 and Energy Management Agency (ADEME) and the Scientific and Technical Centre for
 426 Building (CSTB).

427 8. Nomenclature

	DCP	Daily cooling potential	($^{\circ}C h$)
	EAHE	Earth to air heat exchanger	
	HVAC	Heating, ventilation and air-conditioning	
	HTES	Heat thermal energy storage	
	PCM	Phase change material	
	PPD	Predicted percentage of dissatisfied	(%)
428	PMV	Predicted mean vote	
	RCP	Reported cooling potential	($^{\circ}C h$)
	<i>Subscripts</i>		
	<i>Mathematics</i>		
	\bar{Y}	Y means value	
	$\delta_x Y$	Partial derivative of Y of variable x	

9. References

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Table 1: Percentage of time when adaptive comfort (prEN15251) is achieved.

%	Cat1	Cat2	Cat3	Not respected
Concrete	48.0	23.5	17.8	10.7
Wood	24.8	9.3	7.2	58.7
Wood + 24h/24	45.4	26.1	16.1	12.4
Wood + 16h/24	41.4	24.8	16.4	17.5

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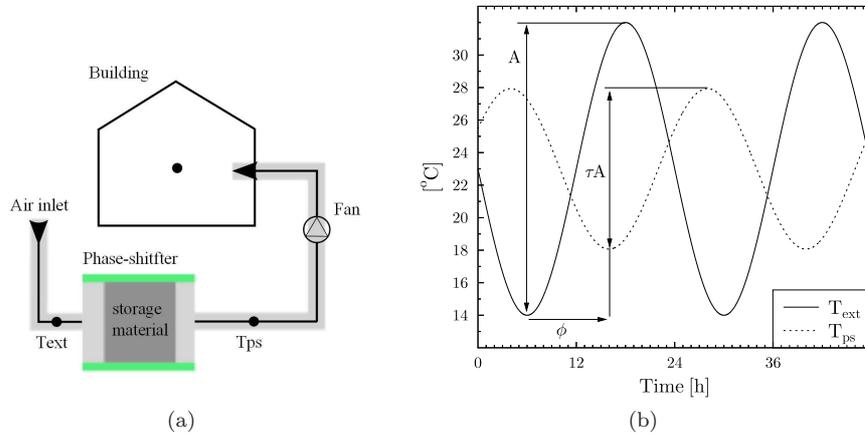


Figure 1: Integration into the building ventilation system and day ventilation strategy (a), Input/output temperature profile over a 48h sequence (b).

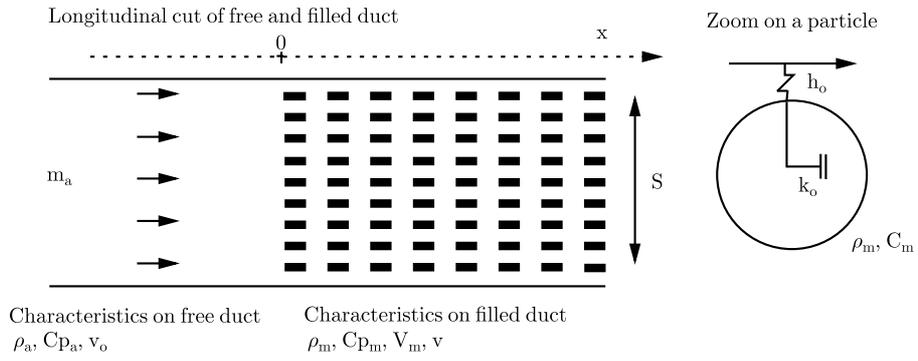


Figure 2: System schematic.

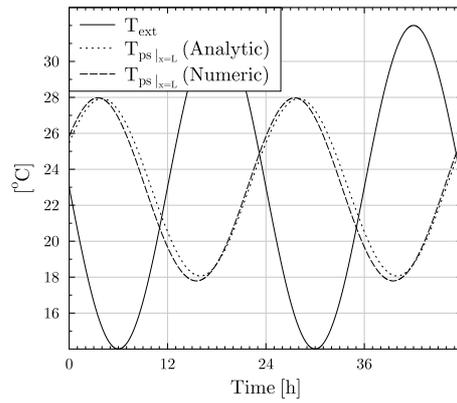


Figure 3: Analytic/numeric output temperature comparison.

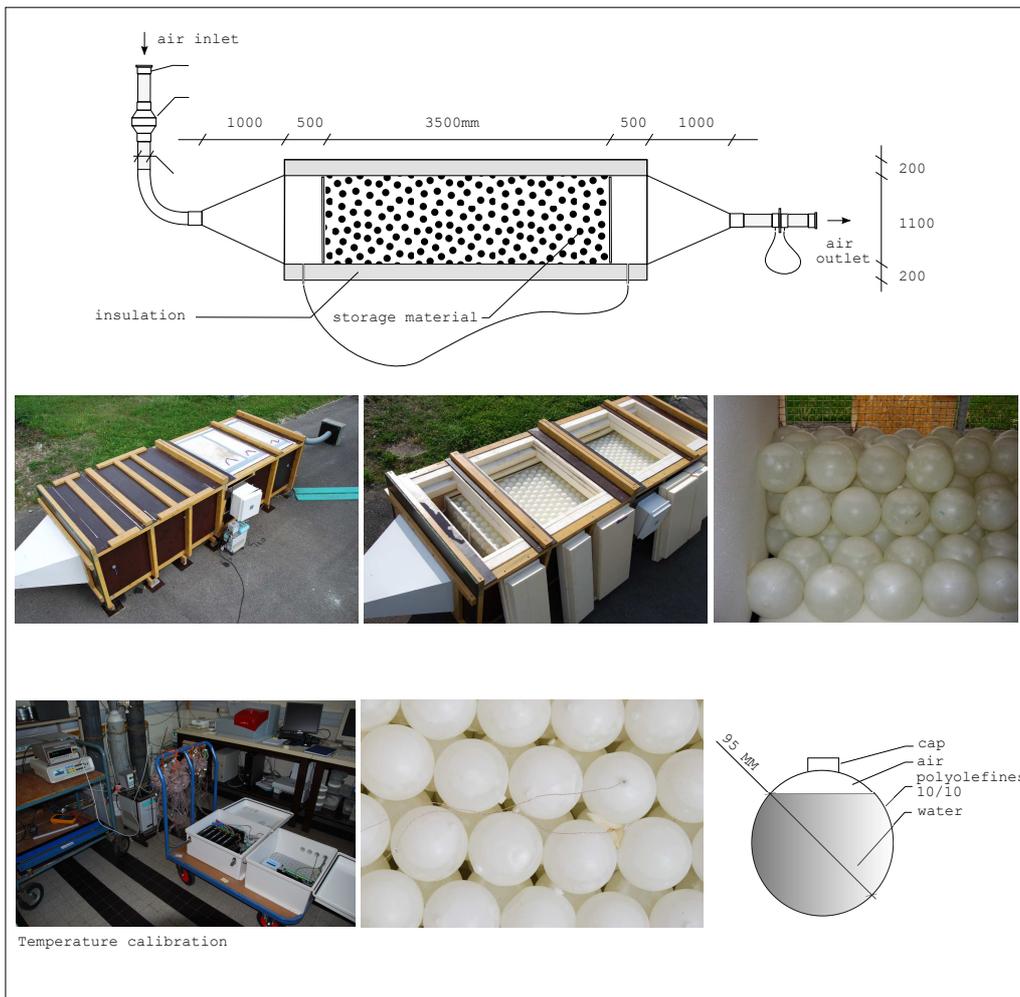


Figure 4: The CSTB prototype.

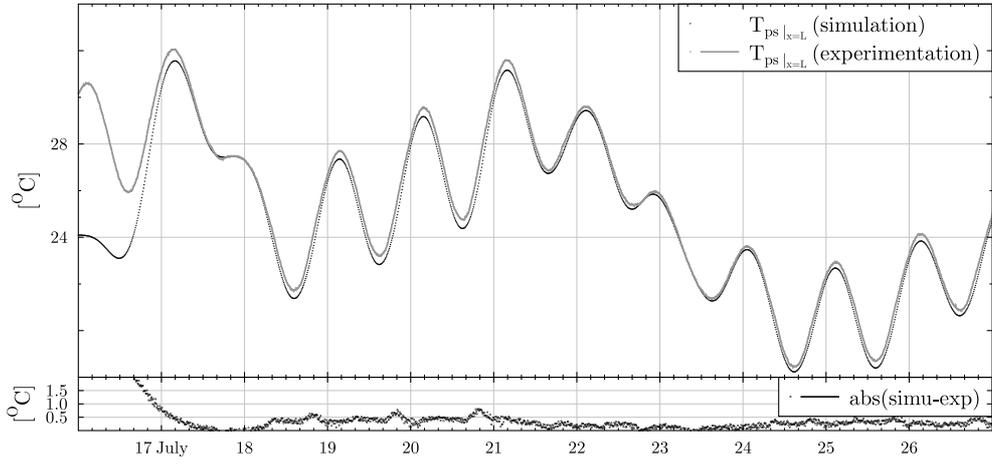


Figure 5: Comparison of experimental and numerical output temperature in continuous airflow ventilation.

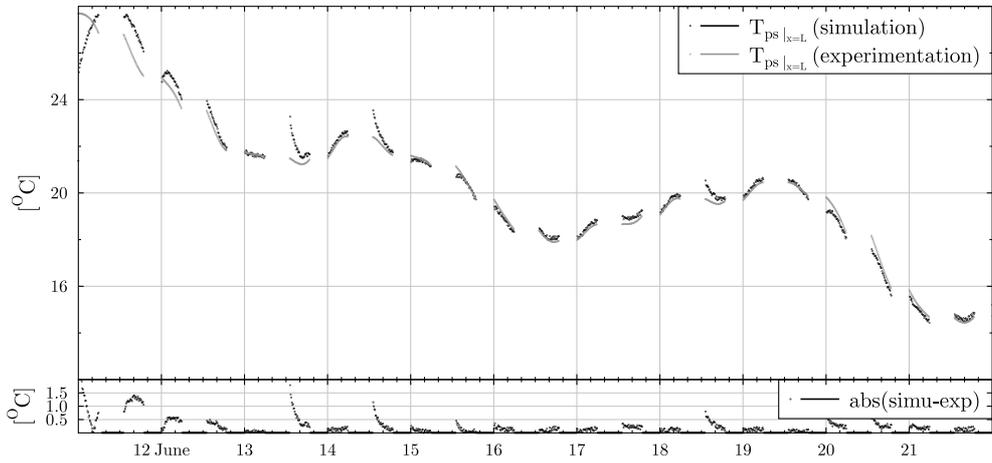


Figure 6: Comparison of experimental and numerical output temperature in non-continuous airflow ventilation.

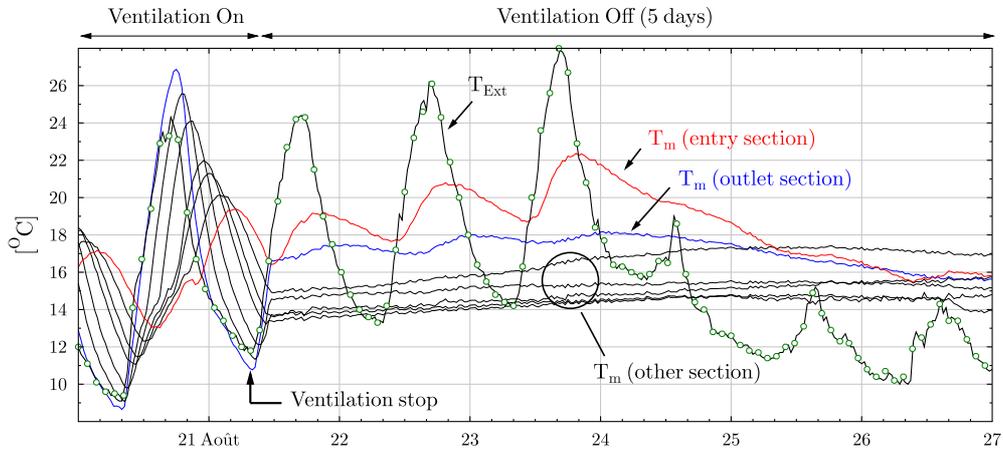


Figure 7: Nodule temperature variation when ventilation is stopped.

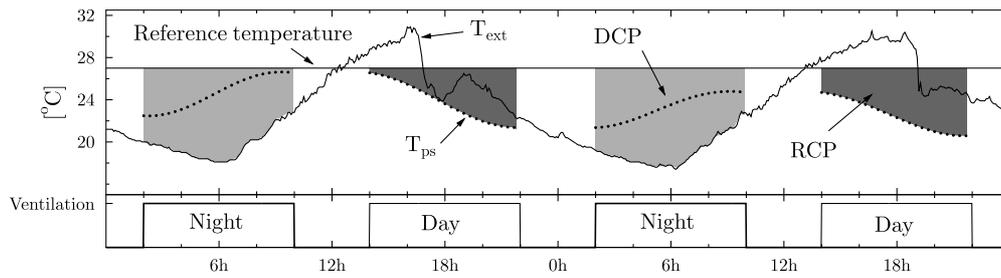


Figure 8: Thermal storage efficiency: calculation method.

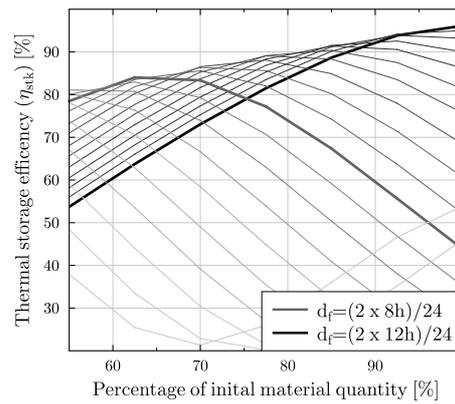
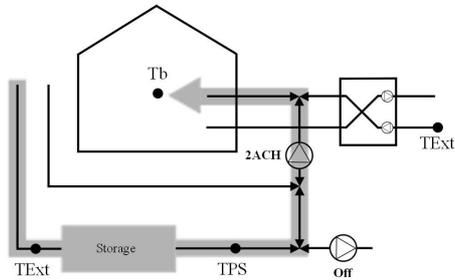


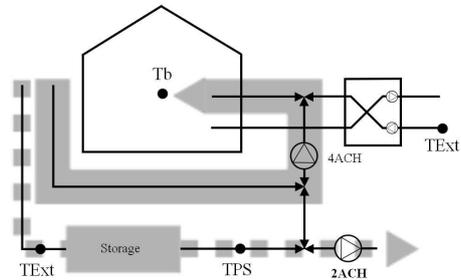
Figure 9: Mean thermal storage efficiency (η_{stk}) over the period from 30 June to 2 July 2010, Grenoble for the 72% transmission amplitude system with 27 °C as reference temperature (cf Fig.8), in function of the ventilation duration (d_f) and the percentage of initial storage volume (V_{init}).

(mode 3) Shifted ventilation



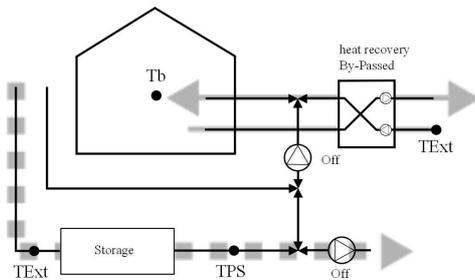
if $T_b > (T_{heat} + 2)$ and $TPS < T_{Ext}$ and $T_b > TPS$ and $[20PM - 9AM]$

(mode 2) Night ventilation (20PM to 9AM) + Stock discharge



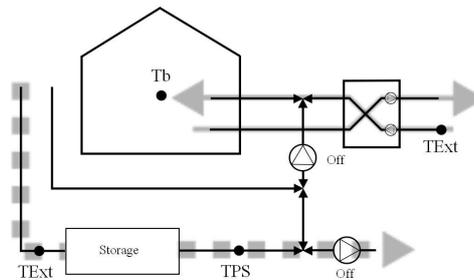
elseif $T_b > (T_{heat} + 1)$ and $T_b > (T_{Ext} + 1)$ and $T_{Ext} < TPS$ and $Q_{heat}((h-1) \& (h-2)) = 0$

(mode 0) Direct ventilation



elseif $T_b > (T_{heat} + 2)$ and $T_b > T_{Ext}$

(mode 1) Heat recovery ventilation



else

— 0.54 ACH ■ 2 ACH ■ 4 ACH

Figure 10: Different ventilation modes.



(a)



(b)

Figure 11: Photography and 3D of one of the INCAS building test case.

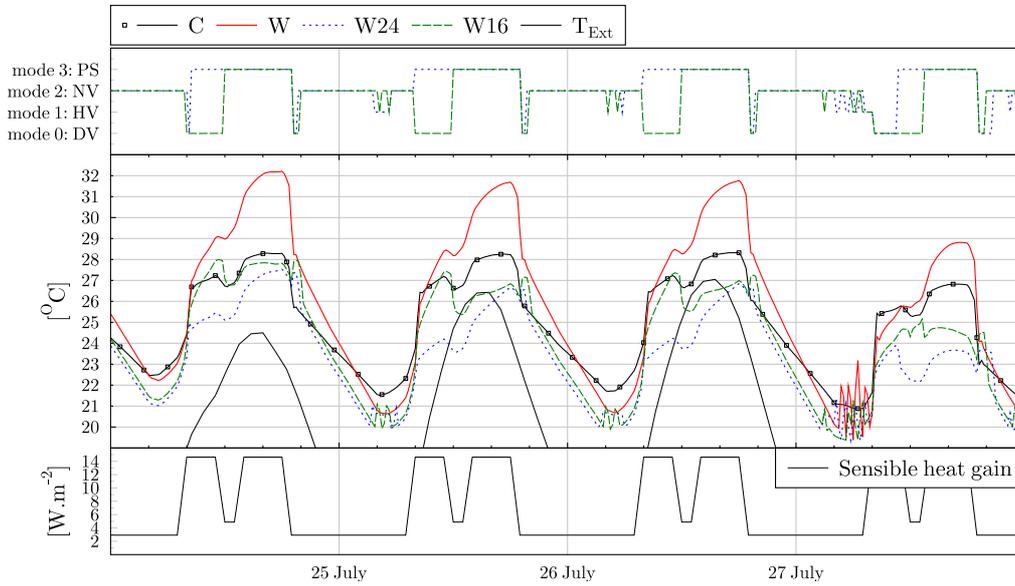


Figure 12: Internal temperature, ventilation mode for continuous and intermittent ventilation and internal load for short sequences in summer.

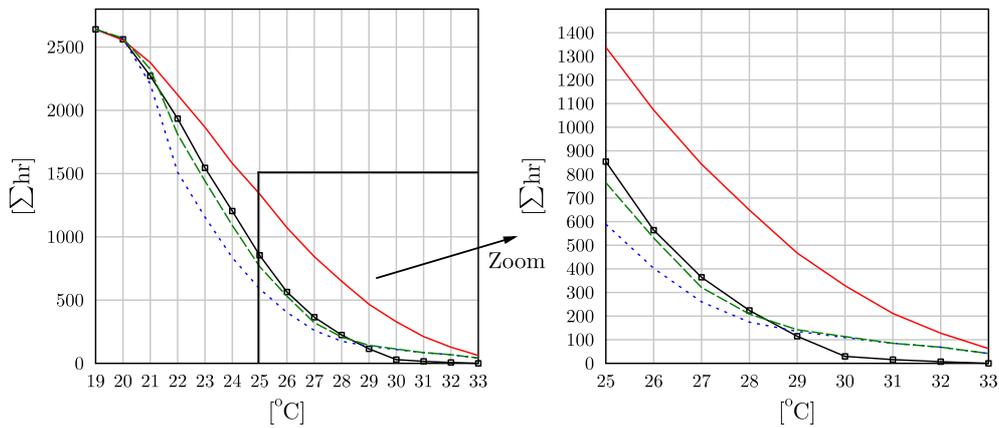
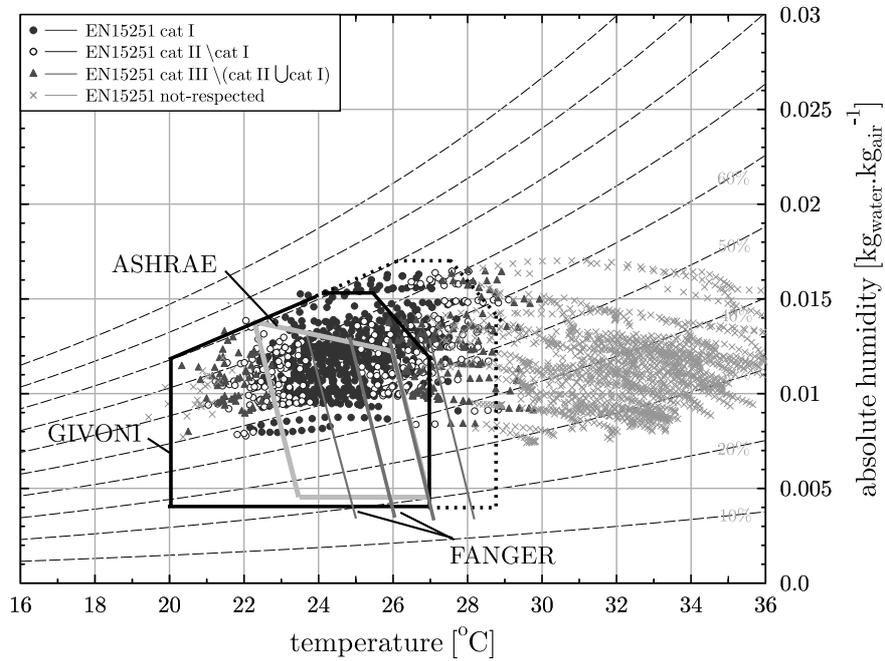
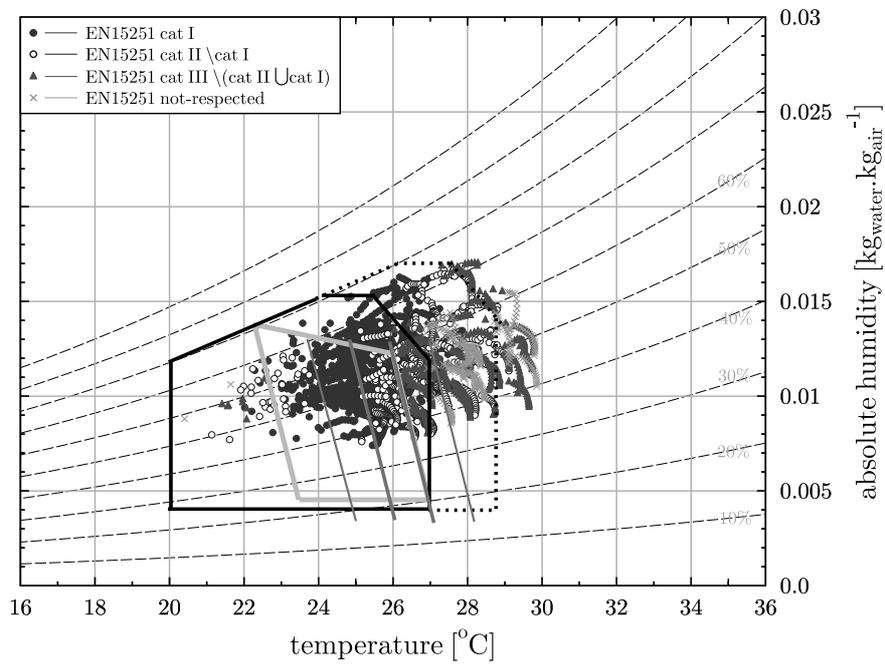


Figure 13: Number of hours exceeding a certain value for occupancy period on a one-year simulation, full-scale temperature scale on left graph and temperature higher than 25 °C on the right graph.

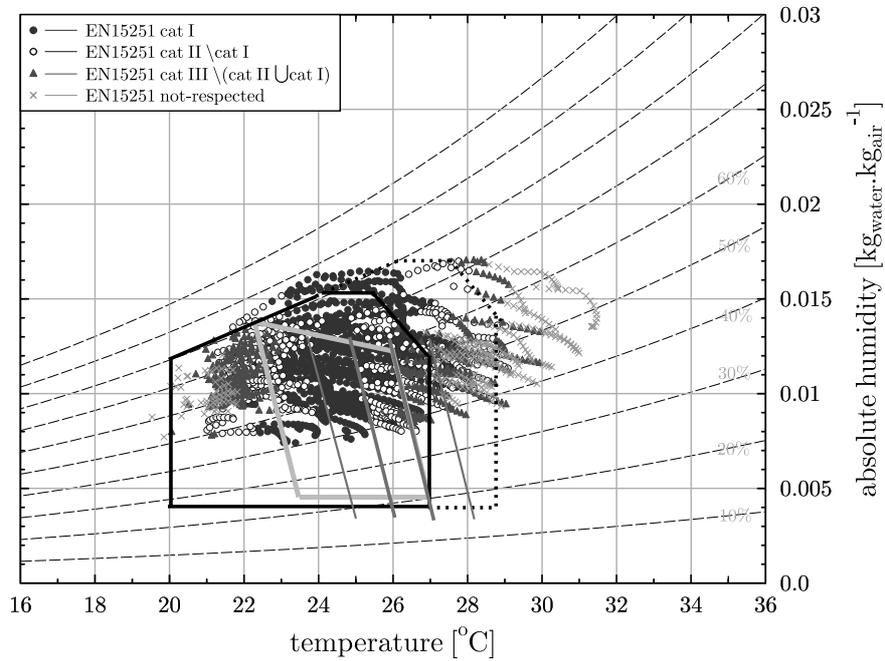


(a) W

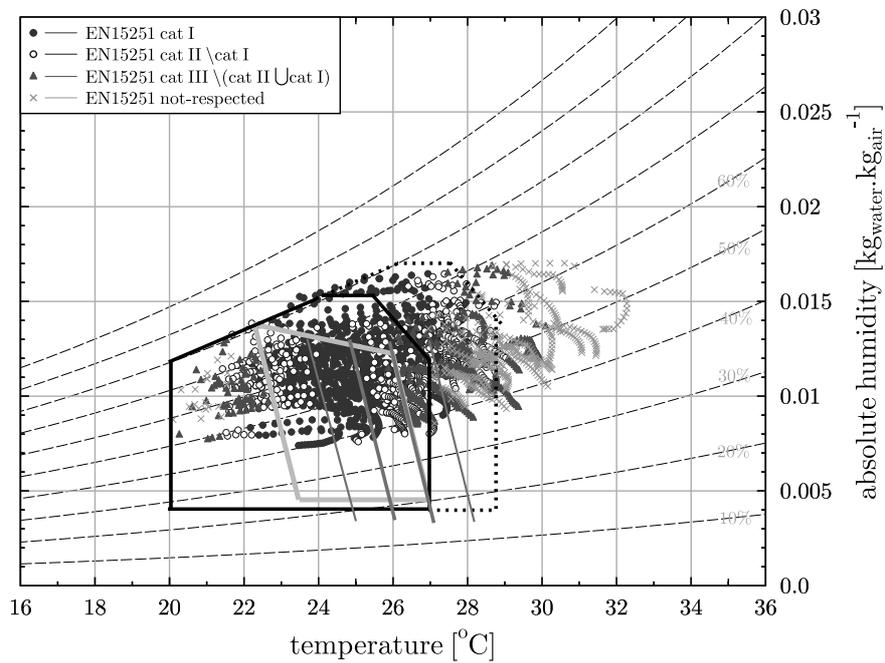


(b) Reference case : C

Figure 14: Comfort charts, (a): Night-ventilated wood structure (W), (b): Concrete structure (C).



(a) W24



(b) W16

Figure 15: Comfort charts, (a): Wood structure associated with 24 h/24 HTES (W24) (b): Wood structure associated with 16 h/24 HTES (W16).