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ASSOCIATION STUDIES ARTICLE

Analysis of putative cis-regulatory elements regulating blood pressure variation

Priyanka Nandakumar¹, Dongwon Lee^{1,2,3}, Thomas J. Hoffmann^{4,5}, Georg B. Ehret^{1,2,6}, Dan Arking¹, Dilrini Ranatunga⁷, Man Li⁸, Megan L. Grove⁹, Eric Boerwinkle⁹, Catherine Schaefer⁷, Pui-Yan Kwok⁵, Carlos Iribarren⁷, Neil Risch^{4,5,7}, Aravinda Chakravarti^{1,2,*}

¹Department of Genetic Medicine, McKusick-Nathans Institute, Baltimore, MD 21205, USA, ²Center for Human Genetics and Genomics, NYU School of Medicine, New York, NY 10016, USA, ³Division of Nephrology, Boston Children's Hospital, Boston, MA 02115, USA, ⁴Department of Epidemiology and Biostatistics, University of California San Francisco, San Francisco, CA 94158, USA, ⁵Institute for Human Genetics, University of California San Francisco, San Francisco, CA 94143, USA, ⁶Cardiology, Department of Specialties of Internal Medicine, University of Geneva, Geneva 1211, Switzerland, ⁷Kaiser Permanente Northern California Division of Research, Oakland, California 94612 USA, ⁸Division of Nephrology, Department of Human Genetics, University of Utah, Salt Lake City, Utah 84132, USA and ⁹Human Genetics Center, University of Texas Health Science Center, Houston, Texas 77030, USA

*To whom correspondence should be addressed. Tel: +(212) 2638029; Fax: +(646) 5014526; Email: aravinda.chakravarti@nyulangone.org

Abstract

Hundreds of loci have been associated with blood pressure (BP) traits from many genome-wide association studies. We identified an enrichment of these loci in aorta and tibial artery expression quantitative trait loci in our previous work in ~100 000 Genetic Epidemiology Research on Aging study participants. In the present study, we sought to fine-map known loci and identify novel genes by determining putative regulatory regions for these and other tissues relevant to BP. We constructed maps of putative cis-regulatory elements (CREs) using publicly available open chromatin data for the heart, aorta and tibial arteries, and multiple kidney cell types. Variants within these regions may be evaluated quantitatively for their tissue- or cell-type-specific regulatory impact using deltaSVM functional scores, as described in our previous work. We aggregate variants within these putative CREs within 50 Kb of the start or end of 'expressed' genes in these tissues or cell types using public expression data and use deltaSVM scores as weights in the group-wise sequence kernel association test to identify candidates. We test for association with both BP traits and expression within these tissues or cell types of interest and identify the candidates *MTHFR*, *C10orf32*, *CSK*, *NOV*, *ULK4*, *SDCCAG8*, *SCAMP5*, *RPP25*, *HDGFRP3*, *VPS37B* and *PPCDC*. Additionally, we examined two known QT interval genes, *SCN5A* and *NOS1AP*, in the Atherosclerosis Risk in Communities Study, as a positive control, and observed the expected heart-specific effect. Thus, our method identifies variants and genes for further functional testing using tissue- or cell-type-specific putative regulatory information.

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Introduction

Genetic studies of complex disorders have identified hundreds to thousands of variants in the human non-coding genome. However, despite significant mapping progress, we do not yet know the identity of most of the underlying genes and variants, nor have a mechanistic understanding of how these genes, individually and together, contribute to a phenotype. Thus, we need to consider how such genomic studies can improve our knowledge of trait physiology. One approach would be to focus genetic analyses on organs and tissues of interest.

Pritchard and colleagues have hypothesized that the majority of genome-wide association study (GWAS) signals may be functionally spurious and arise from genes' peripheral to the core functions affected in a trait or disease (1). These false positives dominate because most genes in a cell type are connected by gene expression to one another through very shallow functional networks, a working hypothesis that fails to explain the stability of network perturbations (robustness) or their specificity (phenotypic effects) (2–4). To resolve this question, connecting genotypes to phenotypes through gene expression variation is of primary importance since expression quantitative trait loci (eQTL) are identifiable causal factors (5,6). However, utilizing gene expression in trait-related tissues is necessary (7), as genes exert their activities in the context of a core genetic network with intrinsic (cell autonomous) and extrinsic (non-autonomous) feedback (8).

Transcription within mammalian genomes is locally regulated within chromatin segments called topological associating domains (TADs), largely invariant across cell types and of variable sizes, but generally 200–1000 kilobases (kb), depending on callers (9,10). TADs contain numerous dispersed spatiotemporal expression cis-regulatory elements (CREs or enhancers) that allow binding of various transcription factors (TF) to enable gene expression control (11). Many enhancers are recognized by their DNaseI hypersensitivity (DHS), Assay for Transposase-Accessible Chromatin using sequencing (ATAC-seq) assays (12) or adjacent histone (H3K4me1, H3K4me3, H3K27ac) modifications (13,14). Their phenotypic importance is evident from the fact that only 2.6% of the genome comprises DHS and histone marks (15) but explains ~30% of the heritability of traits (16). Thus, trait variation is from sequence changes within TFs, their binding sites (TFBS) and CREs, all detectable through epigenomic marks in cell lines and tissues. In this study, we propose an approach wherein these types of epigenomic data are used to identify genes within a GWAS locus in tissues of interest.

The analyses we propose are enabled by numerous public genomic resources. The Encyclopedia of DNA Elements (ENCODE) Project (<https://www.encodeproject.org/>) has generated open chromatin, RNA and DNA sequencing and histone modification data, among other data types. The Genotype-Tissue Expression (GTEx) Project (<https://www.gtexportal.org/>) includes genotype and expression data across 53 tissues and is useful as a reference transcriptome and eQTL dataset. These public resources also enable the development of an annotation score, deltaSVM (17), in which the quantitative impact of a non-coding variant on tissue- or cell-type-specific gene regulation is predicted, based on a reference training set of regulatory regions. In this study, we exemplify this reverse genetic approach by focusing on blood pressure (BP) and QT interval variation.

Although the roles of the kidney and adrenal gland are well established in BP regulation and syndromes (18–20), our previous work in the Kaiser Permanente Research Program on

Genes, Environment and Health (RPGEH) Genetic Epidemiology Research on Adult Health and Aging (GERA) (21,22) study demonstrated that associated variants at BP GWAS loci were enriched in eQTLs specific to the aorta and tibial arteries. Expanding on this work in this study, we aimed to connect groups of proximal putative regulatory variants within and around each gene to both the gene's expression and also to BP traits, inferring that the gene's expression in a potentially relevant tissue affected the regulation of BP. To accomplish this, we undertake this study with three main steps: (1) establish a putative CRE catalog from open chromatin experiments in tissues/cell types of interest, (2) score the predicted functional regulatory impact of the variants within these putative CREs ('putative CRE variants') and (3) take the putative CRE variants within a window around each gene and test them in aggregate using a gene-based test (Fig. 1). More specifically, within each artery dataset, we identified putative CREs and, by extension, putative CRE variants, for every gene, and tested these variants in aggregate for association with BP in the GERA study, as well as with expression in the GTEx study. We used the sequence kernel association test (SKAT) (23) for these association analyses, with each variant weighted by their deltaSVM score, to up-weight variants with greater predicted effects on gene regulatory activity. We supplemented our expression analyses with the software MetaXcan (24) to test whether the predicted expression of genes in each individual could be associated with BP. Prior to the novel BP gene discovery analyses of tissue involvement, and as a positive control, we first examined genes for the cardiac trait QT interval for which there is strong functional evidence of primarily heart involvement, using data from the Atherosclerosis Risk in Communities (ARIC) (25,26) study. Finally, we examined the effects of putative regulatory variation for monogenic BP syndrome genes, all known to be renal or adrenal disorders, in four available kidney cell types to test for a group effect on BP.

Our results demonstrate the feasibility of identifying BP genes by tissue, which we expect will facilitate more comprehensive functional analyses of BP genes and BP control mechanisms.

Results

We conducted several tissue-specific analyses to identify tissues and genes of interest for BP regulation using the GERA study; an overview of our analysis scheme is shown in Figure 1. We initially focused on identifying tissues relevant to BP GWAS loci and subsequently expanded on this by using tissue-specific information to analyze putative CRE variation of genes in these tissues. The aim was to identify specific genes and variants of interest at these GWAS loci. We also studied putative regulatory variation at 20 monogenic syndromic hypertension and hypotension genes in several kidney cell types. To begin, our study also includes an analysis of QT interval as a positive control to demonstrate the identification of well-characterized genes for that trait.

Constructing CRE maps

Our previous eQTL and subsequent partitioned heritability analyses (see Supplementary Material, Methods and Results and Tables S1 and S2) indicated that regulatory elements in specific tissues are of interest in BP studies. With knowledge of tissues highly relevant to characterizing BP GWAS loci, our next

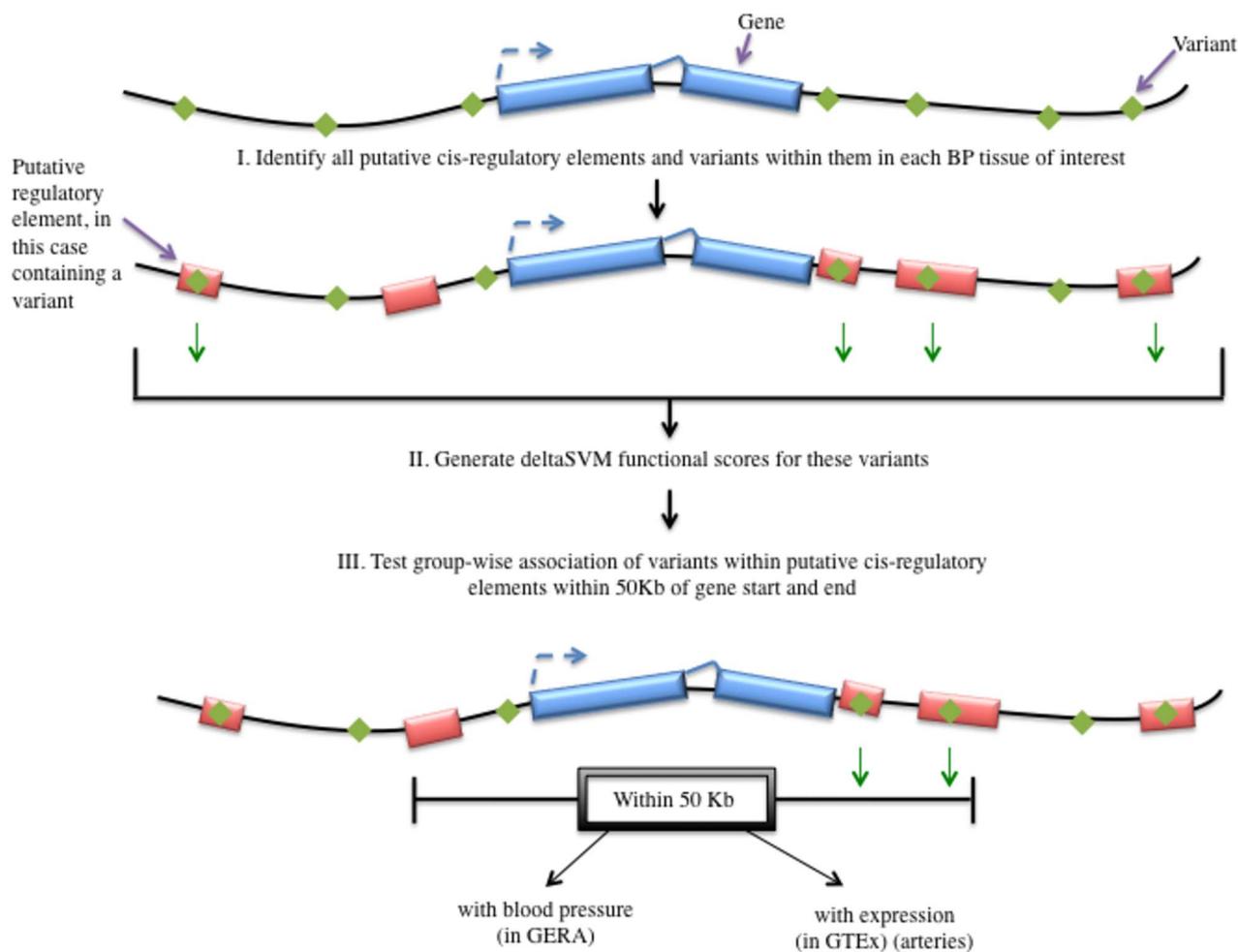


Figure 1. Overview of putative CRE identification and SKAT analysis.

aim was to test each gene's putative cis-regulatory variation for association with both gene expression and BP, in a tissue-specific context. This is expected to assist in identifying novel genes of interest, as well as provide tissue- or cell-type-specific information about known genes.

We first constructed CRE maps or a catalog of experimentally determined open chromatin, for the aorta and tibial arteries, as well as four kidney cell types (renal cortical epithelial cell, glomerular endothelial cell, epithelial cell of proximal tubule and glomerular visceral epithelial cell), because of the known involvement of the kidney in BP regulation (18,19), using ENCODE data (Supplementary Material, Table S3; Fig. 1, step I) (though many monogenic forms of BP disorders occur due to an effect of the adrenal gland on renal function (20)). These CRE maps were completed as an extension of the construction of our recent cardiac CRE map (27). We specifically focused on identifying putative enhancers for the aorta and tibial arteries (see Methods). We subsequently used these maps for training with the software gkm-SVM (28,29) in order to generate deltaSVM functional scores for all non-coding variants from the 1000 Genomes European ancestry sample, to be tested for association on a gene-level basis (Fig. 1, step II). The performance for each model is available in Supplementary Material, Table S4 (AUC range, 0.84–0.96), with the best performance in the renal cell types. A possible reason for the improved performance of the renal cell types is that the data

were from individual cell types as opposed to a mixture of cell types comprising the arteries. The magnitude of the deltaSVM score for a variant reflects its predicted impact on regulatory functional activity, while its sign reflects the prediction with respect to the reference allele. Therefore, to represent the predicted impact of each variant irrespective of allele, we show the distributions of the absolute values of the deltaSVM scores for the arteries and kidney cell types in Supplementary Material, Figure S1.

Tissue-specific gene identification

As our emphasis in this section is to connect a gene's putative CRE variants to both a phenotype of interest and to its expression in relevant tissues, we first describe the overall analysis scheme as applied to a general phenotype of interest (Fig. 1, step III). We then describe how we applied these analyses, first to the QT interval in the ARIC study, as proof of principle to demonstrate the utility of these analyses, and then to our BP traits of interest in the GERA study.

We defined gene's 'cis'-regulatory variants in this analysis as those variants falling in putative CREs within 50 kb of the gene's start and end. We tested their aggregate effect for each gene using SKAT (23), for association tests with the phenotype(s) of interest in the relevant population, SBP and DBP in

the GERA study and QT interval in the ARIC study. SKAT is a test that has generally been used to study groups of variants together and is useful when variants can have bidirectional effects; rare variants are more highly weighted than common variants by default. In addition to the default weights, we ran the analysis using equal weights for all variants. We finally used the tissue- or cell-type-specific deltaSVM scores for the analyzed variants as weights for a customized SKAT test, the score scaling with the effect of the variant on functional regulatory activity.

We then tested these groupings with expression data from GTEx v6p in the tissues of interest to link variants in the genes of interest to their gene expression. The groupings tested in the GTEx data with expression were not always identical to the groupings tested in the GERA or ARIC studies because of differences in imputation quality score filtering, missingness of genotypes from genotype probabilities to hard call conversion and variants present in the reference populations studied. However, this analysis still connects a given gene to its expression and to the phenotype via a highly overlapping set of CRE variants and was completed this way to test the most complete set of variants available meeting our criteria. In addition to testing putative regulatory variants with gene expression in GTEx, we used MetaXcan (24) to augment SKAT to identify any new associations by this method. This software predicts the association of gene expression with a phenotype, given genotypes for the population of interest based on training from reference genotypes and expression data.

Analysis of CREs in QT interval

As mentioned earlier, we considered the cardiac trait QT interval first to demonstrate proof of concept for tissue-specific gene identification. The QT interval is the time in ms between the onset of the Q wave and the end of the T wave in the surface 12-lead electrocardiogram (30), which has ~30% heritability (31–34). In our recent work, we have demonstrated that a significant proportion of the heritability is explained by predicted cardiac regulatory variants (27). We analyzed the genes at previously published QT interval GWAS loci to determine whether or not a heart-specific effect could be observed. Two of the genes with major effects in a GWAS and functionally validated in QT interval heritability are NOS1AP (34–36) and SCN5A (36,37). The full results are presented in the Supplementary Material, Text S1 results, Table S5 and Figures S2 and S3; to summarize here briefly, we aimed to discover if a heart-specific effect could be revealed for each of these two genes. We observed a heart specificity for SCN5A; NOS1AP showed signal across all the cell types in the equal-weighted analyses, though considerably attenuated in some of the deltaSVM-weighted non-heart tissues. Considering both sets of effects, certainly variants with detectable signals present in open chromatin regions specific to the relevant tissue/cell types will allow the detection of a tissue-specific signal, as for SCN5A. It also appears, however, that gene-level signals may be captured by analyses in which all variants are weighted equally and when local open chromatin boundaries across tissues/cell types overlap considerably, especially when variants with strong signals are present within these shared regions. In this situation, we will not necessarily be able to differentiate between different tissue/cell types. Weighting with the tissue-specific deltaSVM scores introduces an additional tier of tissue specificity and is based on global open chromatin differences and is also not expected to be impacted by linkage disequilibrium

(LD) in the ways that the other two weighting schemes are, as the generation of the scores are only dependent on sequence context. Finally, using the default weights shows least concordance with the other two sets of results, indicating that for this analysis, rare variants are not driving the signal as compared to common variants. This is as expected, as we prioritized non-coding variation for these analyses, and the rare variants with larger effects expected to make a detectable contribution are more likely to be in the exome.

Analysis of CREs at GWAS loci for BP regulation

We then applied these analyses to the tissues of interest for BP regulation, namely, aorta, tibial artery and four kidney cell types, in a subset of 71404 unrelated GERA EUR individuals. We tested 14548 genes expressed at reads per kilobase of transcript, per million mapped reads (RPKM) ≥ 0.3 in 197 aorta GTEx samples and 13963 genes expressed at RPKM ≥ 0.3 in 285 tibial artery GTEx samples for the SKAT analyses. We used summary statistics available from 80792 individuals (38) to maximize the sample size for which the MetaXcan analyses were run, for the aorta and tibial arteries. Results for each of the arteries are presented in Tables 1 and 2 and, more completely, in Supplementary Material, Tables S6–S9. In some cases, shared variants drive the positive signal for multiple genes at the same locus; expression in the relevant tissue or cell type may pinpoint a specific gene. However, it may be noted that the genes CERS5, COX14 and RP4-605O3.4 are all present at the same locus in the arteries (Tables 1 and 2), but evidence of expression association is present for many of these genes; this may be indicative of proximal variants affecting different genes or pleiotropy of single variants affecting expression of multiple genes.

On the whole, the 25 genes reported here across aorta and tibial artery genes have been identified at previous BP loci (39). While there are several genes in each analysis with interesting associations with BP traits, here we only highlight the genes that have statistical significance of $P < 1 \times 10^{-4}$ for both expression and BP in the aorta analyses (Tables 1 and 2). In our previous work, the aorta was demonstrated as the greatest outlier in an analysis of eQTL enrichment among GTEx tissues for BP traits (38). These genes include MTHFR (40,41) (SBP), C10orf32 (40) (SBP), CSK (SBP), NOV (42) (DBP), ULK4 (43) (DBP), SDCCAG8 (DBP), SCAMP5 (DBP), RPP25 (DBP), HDGFRP3 (DBP), VPS37B (DBP) and PPCDC (DBP). Most of these genes are present at or near previously replicated BP GWAS loci; SDCCAG8 was identified as part of Hoffmann et al. (38). It is noteworthy that both SCAMP5 and PPCDC are neighboring genes but have independent expression support in the same tissue.

Analysis of CREs for monogenic BP genes

We also studied the genes involved in monogenic forms of hypotension or hypertension in four kidney cell types available from the ENCODE project (see earlier). As the expression data available for kidney are insufficient, we studied each cell type individually and carried out only SKAT analyses for these genes; the results are in Supplementary Material, Tables S10 and S11. The most notable result is that of CYP17A1 (Supplementary Material, Table 3), which shows an effect ($P \sim 10^{-5}$ – 10^{-7}) across all four cell types in the unweighted variants analyses for SBP only, and more specifically, only in the glomerular endothelial cell (p.SKAT.dsvm = 3.64×10^{-8}) in the deltaSVM-weighted results. However, as C10orf32 is a gene of interest at the same

Table 1. Aorta and tibial arteries SBP SKAT and MetaXcan results

Tissue	Gene	p.sbp.dsvm	p.sbp.def	p.GTEX.dsvm	p.GTEX.def	p.MetX	Previous	
Aorta	NR3C1	5.44×10^{-6}	0.064	0.002	0.529	–	FALSE	
	WBP1L	6.66×10^{-6}	0.085	2.72×10^{-4}	0.137	1.35×10^{-5}	FALSE	
	SBF2	9.27×10^{-6}	2.58×10^{-5}	0.003	0.022	2.01×10^{-5}	TRUE	
	CLCN6	1.07×10^{-5}	2.32×10^{-6}	0.014	2.63×10^{-4}	0.028	TRUE	
	MTHFR	1.08×10^{-5}	4.22×10^{-6}	1.85×10^{-5}	0.015	0.001	TRUE	
	C10orf32	1.68×10^{-5}	0.026	4.63×10^{-15}	0.059	–	TRUE	
	RP4-605O3.4	4.51×10^{-5}	0.069	0.016	0.425	–	FALSE	
	COX14	4.51×10^{-5}	0.069	7.64×10^{-4}	0.338	0.034	TRUE	
	CSK	6.34×10^{-5}	0.110	3.18×10^{-5}	0.579	1.24×10^{-4}	TRUE	
	ULK3	6.34×10^{-5}	0.952	0.001	0.164	9.14×10^{-4}	TRUE	
	Tibial artery	CLCN6	9.65×10^{-9}	2.62×10^{-4}	5.07×10^{-8}	3.58×10^{-6}	2.67×10^{-9}	TRUE
		MTHFR	9.65×10^{-9}	2.62×10^{-4}	8.79×10^{-8}	0.161	0.076	TRUE
		C10orf32	6.98×10^{-8}	0.004	3.07×10^{-14}	7.30×10^{-8}	–	TRUE
		HOXC-AS1	4.00×10^{-5}	0.638	3.24×10^{-6}	0.194	–	FALSE
CCDC6		4.49×10^{-5}	0.151	3.32×10^{-4}	0.035	1.08×10^{-4}	FALSE	
ATE1		5.67×10^{-5}	0.583	8.74×10^{-4}	0.086	0.816	FALSE	
SOX7		6.76×10^{-5}	0.036	0.007	0.121	–	FALSE	
AGT		8.29×10^{-5}	0.090	0.001	6.97×10^{-6}	0.937	TRUE	
NT5C2		8.75×10^{-5}	1.44×10^{-4}	0.004	0.163	0.006	TRUE	
DHX33		9.67×10^{-5}	0.372	3.67×10^{-7}	0.033	0.277	FALSE	
SFMBT1		1.15×10^{-4}	0.521	0.003	0.363	0.006	FALSE	
NPPA		1.16×10^{-4}	0.003	0.007	0.025	–	TRUE	
ERI1		1.33×10^{-4}	0.280	0.001	0.185	–	FALSE	
BCL2L2		1.59×10^{-4}	0.009	5.20×10^{-4}	0.356	–	FALSE	
BCL2L2-PABPN1		1.59×10^{-4}	0.009	0.013	0.717	–	FALSE	
NPPA-AS1		1.66×10^{-4}	0.003	1.89×10^{-23}	4.67×10^{-10}	–	FALSE	
C1orf132		1.74×10^{-4}	0.055	0.009	0.400	–	FALSE	
RPAIN	1.89×10^{-4}	0.627	0.003	0.479	0.546	FALSE		
CTC-524C5.2	1.89×10^{-4}	0.627	0.000162827	0.301	–	FALSE		

Tissue, artery tissue analyzed; p.sbp.*, P-values from SKAT analysis of BP in GERA with deltaSVM (dsvm) or default (def) weights; p.GTEX.*, P-values from SKAT analysis of expression in GTEx with deltaSVM (dsvm) or default (def) weights; p.MetX, MetaXcan P-value; previous, TRUE if found at a previously identified GWAS locus from the UKB list, FALSE otherwise.

locus, based on the artery results above, we examined and noted that the results are somewhat similar for this gene, although not as striking, due to variant set sharing in the SKAT analyses for these genes; the breakdown of individual variants analyzed for these two genes is in Supplementary Material, Table S12. The variant rs3824754, with an SBP association $P = 1.40 \times 10^{-11}$, appears in the groupings of both genes for all four cell types, but has the highest deltaSVM magnitude in the endothelial cell. Additionally, there is a set of four variants with SBP association ($P < 1 \times 10^{-4}$; rs284853, rs284854, rs284855, rs284856), which only appear in the glomerular endothelial cell type. We observed that while CYP17A1 was similarly associated with, or demonstrated evidence of association with, SBP in the deltaSVM and unweighted variants analysis for the aorta and tibial arteries (Table 1), the analysis of variants in GTEx for the same tissues did not reflect any significant association ($P > 0.01$). In contrast, C10orf32 demonstrated significant association with SBP and with expression in GTEx for the aorta and tibial arteries (Table 1). The same four variants unique to the glomerular endothelial cell type above with strong associations with SBP are also present in the artery groupings. Three of these variants (rs284854, rs284855, rs284856) are eQTLs for C10orf32 in the aorta and tibial arteries; these variants, however, do not show association with CYP17A1 expression in these tissues (all $P > 0.03$ for aorta, all $P > 0.21$ for tibial artery, from eQTL data available from the GTEx portal

(<https://www.gtexportal.org/>), accessed 09/08/17). Additionally, as the CYP17A1 gene primarily demonstrates an adrenal effect in the monogenic disorder (44), we also examined the associations of these three variants in the GTEx portal with adrenal gland expression data for both genes; all have $P > 0.26$ for CYP17A1 and $P > 0.04$ for C10orf32. This may reflect an endothelial-cell-specific effect for C10orf32 rather than a tissue-type effect, especially as this locus has been identified in several previous BP GWAS studies (40,43,45–47); it may also not be very informative for the kidney, though suitable expression data for kidney would be required to assess this (Table 3).

Quantile–quantile (QQ) plots are shown in Supplementary Material, Figures S4–S15 for each of the six tissues and two BP phenotypes and each of three delta SVM weighting schemes. Although the deltaSVM weighting scheme demonstrates a greater enrichment of genes than the default weighting scheme, the equal weighting scheme marginally presents the greatest enrichment. In many cases, deltaSVM discriminates between different tissue/cell types while equal-weighted results do not; this is especially clear with the QT interval results.

We analyzed the union of genes that met significance in the association analysis with BP, regardless of association of expression, to maximize our gene list for annotation, using DAVID 6.8 (48,49). The results are shown in Supplementary Material, Table S13.

Table 2. Aorta and tibial arteries DBP SKAT and MetaXcan results

Tissue	Gene	p.dbp.dsvm	p.dbp.def	p.GTex.dsvm	p.GTex.def	p.MetX	Previous	
Aorta	NOV	1.40×10^{-8}	0.664	4.26×10^{-5}	1	0.102	TRUE	
	ULK4	1.75×10^{-8}	0.001	2.49×10^{-22}	0.094	2.95×10^{-10}	TRUE	
	COX14	1.35×10^{-7}	0.138	7.64×10^{-4}	0.338	0.003	TRUE	
	IGFBP3	3.41×10^{-7}	0.006	0.011	0.842	–	FALSE	
	SDCCAG8	6.92×10^{-7}	0.359	5.57×10^{-6}	0.481	2.95×10^{-9}	TRUE	
	CEP170	7.06×10^{-7}	8.44×10^{-7}	2.52×10^{-4}	3.59×10^{-4}	0.002	TRUE	
	CSK	9.93×10^{-7}	0.068	3.18×10^{-5}	0.579	7.93×10^{-5}	TRUE	
	ULK3	9.93×10^{-7}	0.826	0.001	0.164	2.09×10^{-4}	TRUE	
	SCAMP5	3.98×10^{-6}	0.009	6.70×10^{-8}	4.15×10^{-10}	1.93×10^{-5}	FALSE	
	RPP25	4.67×10^{-6}	0.928	3.58×10^{-17}	4.79×10^{-9}	–	FALSE ^a	
	HDGFRP3	1.52×10^{-5}	0.578	3.90×10^{-7}	0.042	0.001	TRUE	
	COX4I2	2.12×10^{-5}	0.003	0.002	0.729	–	FALSE	
	SBF2	2.27×10^{-5}	0.004	0.003	0.022	7.41×10^{-4}	TRUE	
	RNF40	2.39×10^{-5}	0.242	2.74×10^{-4}	0.338	–	TRUE	
	RP11-382A20.2	4.82×10^{-5}	0.627	0.005	0.066	–	FALSE	
	RNASEH2C	7.50×10^{-5}	7.50×10^{-5}	0.002	0.002	0.690	TRUE	
	SLC25A37	1.16×10^{-4}	0.121	4.01×10^{-4}	0.537	0.169	FALSE	
	SENP2	1.36×10^{-4}	0.711	0.004	0.202	0.050	TRUE	
	VPS37B	1.46×10^{-4}	7.73×10^{-5}	8.50×10^{-6}	2.03×10^{-4}	3.43×10^{-5}	FALSE	
	ZNF652	1.69×10^{-4}	1.69×10^{-4}	8.73×10^{-4}	8.73×10^{-4}	1.53×10^{-5}	TRUE	
	NR3C1	2.21×10^{-4}	0.018	0.002	0.529	–	FALSE	
	PPCDC	2.25×10^{-4}	0.009	6.68×10^{-8}	4.82×10^{-8}	0.002	FALSE	
	Tibial artery	NOV	1.70×10^{-8}	0.731	7.00×10^{-6}	0.943	1.44×10^{-6}	TRUE
		CERS5	1.66×10^{-6}	0.004	3.41×10^{-4}	3.55×10^{-4}	1.17×10^{-4}	TRUE
		COX14	1.66×10^{-6}	0.004	4.26×10^{-5}	6.54×10^{-4}	0.004	TRUE
		RP4-605O3.4	1.66×10^{-6}	0.004	1.57×10^{-7}	2.36×10^{-7}	–	FALSE
		JAG1	4.59×10^{-6}	0.032	0.018	0.304	–	TRUE
		ULK4	5.69×10^{-6}	0.008	2.78×10^{-11}	0.158	5.40×10^{-12}	TRUE
IPO9		6.08×10^{-6}	0.416	0.009	8.59×10^{-4}	0.952	FALSE	
LIMA1		1.86×10^{-5}	0.638	0.008	0.926	0.120	TRUE	
NAV1		3.83×10^{-5}	0.554	2.64×10^{-4}	0.010	–	FALSE	
COX4I2		3.92×10^{-5}	0.360	1.94×10^{-4}	0.656	–	FALSE	
UBN1		4.23×10^{-5}	0.417	3.19×10^{-7}	0.299	1.51×10^{-5}	TRUE	
SCAMP5		5.29×10^{-5}	0.331	4.47×10^{-11}	5.09×10^{-5}	8.04×10^{-8}	FALSE	
RNASEH2C		5.88×10^{-5}	0.056	0.006	0.006	0.831	TRUE	
CEP120		6.36×10^{-5}	0.003	4.43×10^{-5}	0.123	1.63×10^{-5}	TRUE	
CLCN6		7.30×10^{-5}	0.001	5.07×10^{-8}	3.58×10^{-6}	1.16×10^{-5}	TRUE	
MTHFR		7.30×10^{-5}	0.001	8.79×10^{-8}	0.161	0.086	TRUE	
SDCCAG8		9.04×10^{-5}	0.130	4.55×10^{-5}	0.273	8.08×10^{-8}	TRUE	
ACSF3		1.05×10^{-4}	5.00×10^{-4}	0.003	0.548	0.328	FALSE	
RPP25		1.11×10^{-4}	0.559	4.36×10^{-12}	0.001	–	FALSE ^a	
COX5A		1.11×10^{-4}	0.559	0.004	0.053	–	TRUE	
MKL2		1.12×10^{-4}	0.031	0.017	0.020	–	FALSE	
VPS37B		1.40×10^{-4}	5.38×10^{-4}	2.08×10^{-15}	1.12×10^{-14}	0.007	FALSE	
FAM20B		1.91×10^{-4}	0.690	3.35×10^{-5}	0.337	0.030	FALSE	
PLA2G4B		2.10×10^{-4}	1	3.41×10^{-7}	0.320	0.005	FALSE	
ALDH2		2.15×10^{-4}	0.658	5.44×10^{-8}	1.26×10^{-6}	0.002	FALSE	
DUSP15		2.39×10^{-4}	0.008	0.018	0.923	0.028	FALSE	
RP11-65J21.3		2.40×10^{-4}	0.660	0.015	0.382	–	FALSE	
MAPKBP1		2.52×10^{-4}	0.077	7.04×10^{-5}	0.056	0.019	FALSE	
JMJD7		2.54×10^{-4}	0.077	1.47×10^{-9}	0.203	3.34×10^{-4}	FALSE	
CENPW		2.79×10^{-4}	0.075	0.004	0.066	0.002	FALSE	
ATF1	2.81×10^{-4}	0.639	4.80×10^{-19}	9.06×10^{-5}	2.13×10^{-5}	FALSE		

Tissue, artery tissue analyzed; p.dbp.*, P-values from SKAT analysis of BP in GERA with deltasvm (dsvm) or default (def) weights; p.GTex.*, P-values from SKAT analysis of expression in GTEx with deltaSVM (dsvm) or default (def) weights; p.MetX, MetaXcan P-value; previous, TRUE if found at a previously identified GWAS locus from the UKB list, FALSE otherwise

^aRPP25 has been previously identified in GWAS, but our method to identify genes at GWAS loci was conservative and missed this gene; see text

Discussion

Our previous genetic analyses identified the aorta and tibial arteries as relevant to BP regulation (38). In this study we have now identified several genes with regulatory variants linking

significantly to both BP traits and to expression data in these tissues, most at previously replicated BP loci. Although the involvement of the kidney is well established in BP regulation through physiological evidence, we sought to identify genes at any of

Table 3. Kidney SBP and DBP SKAT results for CYP17A1

Experiment	Cell-type	SBP		DBP	
		p.bp.dsvm	p.bp.def	p.bp.dsvm	p.bp.def
ENCSR000EOK	Renal cortical epithelial cell	0.069	0.018	0.505	0.337
ENCSR000EOM	Glomerular endothelial cell	3.64×10^{-8}	0.013	0.053	0.187
ENCSR000EPW	Epithelial cell of proximal tubule	0.006	0.045	0.360	0.262
ENCSR785BDQ	Glomerular visceral epithelial cell	0.008	0.020	0.551	0.355

the hundreds of BP GWAS loci in a broader set of tissues. We examined groupings of multiple proximal and putatively causal regulatory variants defined around genes within a single tissue in order to identify specific genes of interest. We also examined QT interval genes at previous GWAS loci to highlight the identification of functionally characterized genes for this trait.

We identified several genes of potential interest to the aorta/arteries for BP, mostly at previously identified GWAS loci: *MTHFR*, *C10orf32*, *CSK*, *NOV*, *ULK4*, *SDCCAG8*, *SCAMP5*, *RPP25*, *HDGFRP3*, *VPS37B* and *PPCDC*. We note here that our method of identifying genes at previous loci was conservative: *RPP25* was not present in this list but is present just outside the TAD boundary used. In addition to its role in the progression of various cancers, the *NOV* gene has been identified as a player in angiogenesis (50,51) and vascular homeostasis (52). The *ULK4* gene has been previously associated with DBP (43), and variation in this gene has also been associated with aortic disease and acute aortic dissections (53). The association of a homozygous variant (C677T) in its neighboring gene, *MTHFR*, has long been associated with BP and vascular disease (54–57); more generally, this locus has been identified in large BP GWAS (40,41). The locus including *C10orf32* has been identified previously (40) and neighbors the well-studied *CYP17A1* gene. Though we initially examined only the latter among kidney cell types, because of its known role in monogenic hypertension, we note that both genes show BP association in endothelial contexts as well, but it is *C10orf32* that has strong expression support in the artery datasets in our study, while *CYP17A1* does not (58). The gene *SDCCAG8* is a centrosomal protein linked with nephronophthisis-related ciliopathies (OMIM: Senior-Loken syndrome-7, 613 615; Bardet-Biedl syndrome-16, 615 993, and Airik et al. (59)) and is expressed in the kidney and lung epithelia (59). The *CSK* gene, encoding a tyrosine kinase, is at a previous BP GWAS locus (60) and has been found to be associated with SBP in young children (61); there is also prior evidence through experiments in mouse aortas that this gene regulates BP through *Src* (62). Finally, the *SCAMP5* and *PPCDC* genes (within the same locus) (40), and *RPP25* (43), are previously identified BP genes.

As mentioned above, one major limitation in our study is the statistical power of the SKAT eQTL analysis, with small sample sizes available for each of the GTEx tissues. The power of implicating effects for a given tissue also depends on its total contribution and the numbers of eQTLs identified. The requirement in our study that a gene meet significance for both BP and expression therefore produced a more conservative list. However, the QT interval results, especially for the *SCN5A* gene, still illustrate the utility of this method. The availability of additional samples in the future will contribute to the success of this method in identifying genes of interest with greater statistical power. The gene annotation analyses revealed no clear BP-specific pathways or annotation, so these will also benefit from producing more specific and possibly larger gene sets. Additionally, we used hard genotype calls for analysis, necessitating

some missing genotype data; the power of our methods could be improved by using imputed probabilities of genotypes.

Our attempts to expand findings beyond the known pathogenic coding variation with respect to the 20 genes involved in monogenic forms of hypertension or hypotension were inconclusive. We attribute this to the dearth of publicly available data for the kidney at this time and expect that the availability of more extensive data will resolve some of the issues in further studies. Additionally, though it is beyond the scope of this study, as the effects of many of these monogenic disorders are likely through the adrenal gland, a full analysis of adrenal gland data will be necessary to assess them.

The MetaXcan software has supported most of the genes highlighted here and identified novel associations, although there were some limitations with the availability of the models for all genes. Additionally, our results indicated that deltaSVM weighting might be validly discriminatory between cell types; this is most evident with several QT interval genes, such as *NOS1AP* and *SCN5A*. It is also suggestive of cell-type specificity with the results for *CYP17A1* in the kidney cell types. It may be informative moving forward to characterize these BP genes at the individual cell-type level in the arteries as well.

The question of identification of core genes networks may be facilitated by our approach in this study, which includes using eQTL information from tissues or cell types of interest and genotypes to identify potentially relevant genes for a trait. As the expansion of publicly available resources continues, more information may be used for these purposes. Our analysis implicates specific variants that can be functionally tested for their effect on both gene expression and the phenotype.

Materials and Methods

Study participants and summary of genotypes, phenotypes and association results used in this study

The full descriptions of the prior underlying studies, phenotypes and association results for the GERA cohort are in Hoffmann et al. (38) and are briefly recapitulated here. The Genetic Epidemiology Research on Adult Health and Aging (GERA) cohort, part of the RPGEH, consists of individuals from five ethnic backgrounds; the majority is non-Hispanic white (EUR), with the remainder including Latino, East Asians, African Americans and South Asians. A total of 99 785 individuals were analyzed, of which 80 792 were EUR individuals. The populations were each genotyped on custom population-specific Affymetrix Axiom SNP genotyping arrays (63,64) and imputed to the 1000 Genomes Phase I Integrated Release Version 3 haplotype panel. Analyses of GERA alone, with the results of the International Consortium for Blood Pressure (ICBP, $n = 69\,396$) study (65), and with the ICBP and the UK Biobank (UKB, $n = 152\,081$) study (66), identified 316 novel BP loci. Combined with the set of replicated BP GWAS loci available at that time, there were a total of 390 BP loci

we considered to be of interest. Of these, 367 had minor allele frequency (MAF) > 0.001 in the GERA EUR study, which was used as the reference population for the eQTL analyses described below.

For the purpose of several of the analyses described in this paper, we used these association results, as well as summary statistics available from 80 792 GERA EUR individuals from the Hoffmann *et al.* (38) study and genotypes from a subset of 71 404 GERA EUR 'unrelated' individuals (third degree or beyond, pruned by the KING software for relationship inference) (67). We converted genotypes prepared in the Hoffmann *et al.* (38) study after imputation from IMPUTE2 genotype probability format to PLINK 'hard' calls (the most likely genotype), setting genotypes with uncertainty greater than 0.25 to missing and retaining variants with <10% missing data, a Hardy Weinberg equilibrium test $P < 1 \times 10^{-6}$, and imputation quality score ≥ 0.3 . In order to report univariate summary statistics within the 71 404 individuals, we used the `—association` option for analysis of a quantitative trait (Wald test) with PLINK v1.9 (68). We analyzed covariate-adjusted longitudinal systolic (SBP) and diastolic (DBP) blood pressure in this study, as also described in Hoffmann *et al.* (38).

The ARIC genotypes, phenotypes and association methods are described in the Supplementary Material, Methods.

Ethics statement

The Kaiser Foundation Research Institute and University of California San Francisco Institutional Review Boards approved the study (using GERA study data). Approval was granted from the relevant institutional review boards for the participating study centers (University of North Carolina, University of Minnesota, University of Mississippi Medical Center, and Johns Hopkins University) of the ARIC study. Informed, written consent was obtained from all study participants.

GTEx genotypes and expressions

We analyzed genotypes and expression data from the Genotype-Tissue Expression (GTEx; phs000424.v6.p1) Project (69) v6p for the SKAT analysis (see below) from the aorta, tibial artery, heart left ventricle and heart atrial appendage tissues. Normalized expression was analyzed for these tissues, with the top three principal components, available PEER factors (15–35, depending on sample size), genotyping array platform and sex used as covariates, all available from the GTEx portal. We used SNP-gene associations from the associated `*.v6p.all_snpgene_pairs.txt.gz` files from the authors' eQTL analyses.

Partitioned heritability and generation of regulatory element maps

Partitioned heritability analyses and generation of putative regulatory element maps and deltaSVM scores are described in the Supplementary Material, Methods.

Gene-based testing with SKAT

We used the sequence-kernel association test (SKAT) (23,70) to test genes with median RPKM ≥ 0.3 in GTEx samples for the aorta ($n = 197$) and tibial ($n = 285$) arteries with their respective variant sets. For each gene, we tested all variants within 50 kb of the gene

start or end, inclusive of the entire gene body, per GENCODE v19 annotations (<https://www.genecodegenes.org/releases/19.html>). The weights used were taken as the absolute value of the deltaSVM score for each variant to reflect its predicted impact; for comparison, we also ran SKAT using default weights with beta density parameters [weights.beta = c(1,25), which up-weights rare variants as compared to common variants], as well as equal weights to all variants [weights.beta = c(1,1)]. We tested association of each gene with adjusted SBP and DBP phenotype residuals (see above), as well as the GTEx normalized expression data with covariates (release v6p, <https://www.gtexportal.org/>), from the aorta and tibial arteries. We restricted our primary analyses in each of the kidney cell types to the 20 monogenic hypertension and hypotension genes. We additionally tested tissue- or cell-type-specific groupings in the ARIC dataset with the adjusted QT interval phenotype using the sets for the heart and heart tissues from GTEx, arteries and kidney cell types, as described above.

Predicted gene expression association with BP and gene annotation

The predicted gene expression association and gene annotation methods are described in the Supplementary Material, Methods.

Statistical significance

Statistical significance was determined using the Benjamini-Hochberg (71) (BH) method for multiple test correction to adjust for the number of genes within each analysis. We made no additional adjustments for the number of tissues, in part due to the correlation of specific subsets (the arteries and individual kidney cell types), and as we examined genes across multiple analyses, for phenotype and for expression.

Data availability

The full GERA data are available through application to the KP Research Bank Portal, <http://researchbank.kaiserpermanente.org/for-researchers/>. A subset (~78%) of dbGaP-consented GERA participants has genotype and hypertension status phenotype data available under the dbGaP accession code phs000674.v1.p1. The full ARIC data cannot be shared publicly because participants did not consent to this. ARIC data are available upon request from the ARIC Data Coordinating Center at the University of North Carolina, Chapel Hill (<https://sites.csc.unc.edu/aric/distributionagreements>). The GTEx data used for the analyses described in this manuscript were obtained from the GTEx Portal and dbGaP accession number phs000424.v6.p1.

Supplementary Material

Supplementary Material is available at HMG online.

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