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NUCLEAR MEDICINE



Does whole-body Patlak ¹⁸F-FDG PET imaging improve lesion detectability in clinical oncology?

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Abstract

Purpose Single-pass whole-body (WB) 18 F-FDG PET/CT imaging is routinely employed for the clinical assessment of malignant, infectious, and inflammatory diseases. Our aim in this study is the systematic clinical assessment of lesion detectability in multi-pass WB parametric imaging enabling direct imaging of the highly quantitative 18 F-FDG influx rate constant K_i , as a complement to standard-of-care standardized uptake value (SUV) imaging for a range of oncologic studies.

Methods We compared SUV and K_i images of 18 clinical studies of different oncologic indications (lesion characterization and staging) including standard-of-care SUV and dynamic WB PET protocols in a single session. The comparison involved both the visual assessment and the quantitative evaluation of SUV_{mean}, SUV_{max}, K_{imean} , K_{imean} , tumor-to-background ratio (TBR_{SUV}, TBR $_{Ki}$), and contrast-to-noise ratio (CNR_{SUV}, CNR $_{Ki}$) quality metrics.

Results Overall, both methods provided good-quality images suitable for visual interpretation. A total of 118 lesions were detected, including 40 malignant (proven) and 78 malignant (unproven) lesions. Of those, 111 were detected on SUV and 108 on K_i images. One proven malignant lesion was detected only on K_i images whereas none of the proven malignant lesions was visible only on SUV images. The proven malignant lesions had overall higher K_i TBR and CNR scores. One unproven lesion, which was later confirmed as benign, was detected only on the SUV images (false-positive). Overall, our results from 40 proven malignant lesions suggested improved sensitivity (from 92.5 to 95%) and accuracy (from 90.24 to 95.12%) and potentially enhanced specificity with K_i over SUV imaging.

Conclusion Oncologic WB Patlak K_i imaging may achieve equivalent or superior lesion detectability with reduced false-positive rates when complementing standard-of-care SUV imaging.

Key Points

- The whole-body spatio-temporal distribution of ¹⁸F-FDG uptake may reveal clinically useful information on oncologic diseases to complement the standard-of-care SUV metric.
- Parametric imaging resulted in less false-positive indications of non-specific ¹⁸F-FDG uptake relative to SUV.
- Parametric imaging may achieve equivalent or superior ¹⁸F-FDG lesion detectability than standard-of-care SUV imaging in oncology.

Keywords Positron emission tomography · Molecular imaging · Tumors

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Abbreviations

¹⁸F-FDG¹⁸F-FluorodeoxyglucoseCTComputed tomography

FOV Field-of-view

IDIF Image-derived input function

LV Left ventricle

PET Positron emission tomography

PET/CT Positron emission

tomography/computed tomography

ROI Region of interest

SUV Standardized uptake value

TOF Time-of-flight
VOI Volume of interest
WB Whole-body

Introduction

Whole-body (WB) ¹⁸F-FDG PET/CT imaging is widely used in clinical oncology for multiple indications, including lesion characterization, staging, restaging, and therapy monitoring [1, 2]. In current clinical practice, oncologic PET/CT exams mainly consist of scans performed across multiple bed positions over a single time period or frame at late time points, when equilibrium is reached. The acquired data are then averaged over the acquisition time frame and reconstructed to produce conventional (static) PET images. The images are quantified in units of standardized uptake value (SUV), which serve as a surrogate of static metabolic activity normalized to the body weight and the administered tracer dosage [3]. Yet, SUV remains a semi-quantitative index subject to a large variability due to several factors related to the scanning procedure or the patient's physiology, such as patient's body composition, plasma glucose level, time between injection and measurement, and duration of the scan time frame [4]. Moreover, static imaging is unable to provide information about the kinetics of ¹⁸F-FDG in the regions of interest [5].

The dynamic course of the ¹⁸F-FDG spatial distribution in the targeted tissues may reveal highly useful clinical information on tissue's metabolic properties, such as the metabolic rate of glucose uptake post ¹⁸F-FDG injection. These image metrics could, in turn, facilitate tumor characterization and therapy response assessment [6–9]. For this reason, dynamic PET imaging techniques were also introduced allowing the scanning of a limited axial field-of-view (single bed position) over time to enable the extraction of important tracer kinetic parameters, such as the uptake rate. The tracer kinetic parameters were initially estimated on a region level by averaging the dynamic PET images within specific volumes of interest (VOIs) [10, 11]. Later, larger computational resources allowed for voxel-wise estimation of the tracer kinetic parameters at the cost of higher noise levels, thus leading to parametric imaging [12]. Despite the potential for better lesion detectability and reduced rate of false positives [13], dynamic and parametric imaging has hitherto been limited to research setting and single-bed field-of-views (FOVs) [14–16].

Different strategies were developed for the generation of parametric images, ranging from streamlined graphical analysis, such as the Patlak method [17], to spectral analysis [18] and to the most complex full compartmental modeling methods [19]. Although the two latter techniques are more informative, they can be unstable, sensitive to statistical noise, and difficult to adopt in the clinic, due to the large number of fitting parameters and the high order of the associated kinetic models. In this regard, graphical analysis can be a simpler, yet robust, alternative approach enabling the direct estimation of the primary kinetic macro-components of the tracer uptake across multiple-bed FOVs.

However, WB dynamic PET acquisitions present the additional challenge of segmenting a given dynamic scan period across multiple bed positions, thereby inevitably introducing time gaps in between the time frames, which reduce the signal-to-noise ratio [20]. Nevertheless, recent technological advances in commercial clinical PET scanners, such as the use of longer axial FOVs [21], time-of-flight (TOF) information [22], and resolution modeling [23], allowed significant enhancement of the noise-equivalent count rate and sensitivity. In fact, the first introduced framework of WB dynamic ¹⁸F-FDG PET/CT clinical imaging involved a 6-min dynamic acquisition over the heart bed, followed by four or six dynamic PET passes across multiple beds, and was successfully applied on a pilot cohort of oncology cases demonstrating its clinical feasibility [24-27]. The utilization of just two time frame acquisitions (passes) per bed position has also been reported [28]. Nevertheless, the use of six WB passes demonstrated improved performance, in terms of noise and bias, for the WB parametric images to enable the combined estimation of SUV and multiparametric PET images in a single scan session [29].

In this work, we systematically compare lesion detectability between Patlak and SUV ¹⁸F-FDG WB clinical PET images, as extracted from the same cohort of oncologic patients. Our ultimate aim is to assess any benefits in WB ¹⁸F-FDG lesion detectability by utilizing Patlak-based glucose metabolism metrics.

Materials and methods

Patient population

This is a prospective pilot study to facilitate the development of a noninvasive quantitative assessment strategy for dynamic whole-body ¹⁸F-FDG oncologic PET imaging. We included adult patients who were referred for staging or restaging of lung or abdominal lesions by ¹⁸F-FDG PET/CT. The



institutional ethics committee approved this study and all patients gave informed consent.

Data acquisition and image reconstruction

PET/CT scans were performed on a Siemens BiographTM mCT scanner following injection of a standard dose of 3.5 MBq/kg (3.71 ± 1.05 MBq/kg) of ¹⁸F-FDG. The patients underwent a scanning protocol of about 80 min consisting of the following (Fig. 1): (i) a low-dose CT for attenuation correction; (ii) a 6-min dynamic single-bed PET acquisition centered in the heart region for extrapolation of the input function (IF), starting simultaneously with the ¹⁸F-FDG injection; (iii) a subsequent set of 13 whole-body PET scans in continuous bed motion (CBM) of about 3 min each; (iv) a subsequent SUV WB CBM scan of about 20 min used as a reference for comparison was acquired at the standard-of-care scan time window for ¹⁸F-FDG studies (starting 60 min post-injection); and (v) a contrast-enhanced CT scan (13/18 patients) or a non-enhanced CT scan when contraindicated (i.e., renal failure).

All images were reconstructed using 3D iterative OSEM algorithm and parameters used in the clinic (2 iterations and 21 subsets), including TOF and resolution modeling [30], with a post-reconstruction Gaussian filter of 2 mm FWHM.

Methodology for whole-body parametric imaging

The Patlak graphical analysis utilized by the employed multipass WB parametric imaging framework is based on an irreversible two-tissue compartment kinetic model: ¹⁸F-FDG in the blood plasma is reversibly absorbed (intra-cellular) by specific tissues in a free non-metabolized state (first tissue compartment) and then, unlike standard glucose, is irreversibly metabolized or phosphorylated (second compartment) into ¹⁸F-FDG6P [31]. The exchanges between the compartments are modeled by the micro-parameters K_1 (plasma to non-phosphorylated compartment), k_2 (non-phosphorylated to plasma compartment), and k_3 (non-phosphorylated to phosphorylated compartment) rate constants. A zero efflux (dephosphorylation) rate constant ($k_4 = 0$) between the phosphorylated and the non-phosphorylated compartments is assumed. FDG k_4 parameter is widely assumed to be negligible and can be considered to be zero for the majority of tissues (k_4 may be positive in some regions, such as the liver, but its effect on the data is negligible for the early uptake phase). All the exchanges between the different compartments can be resumed in the ${}^{18}F$ -FDG macro-parameter of K_i , denoting the net uptake or influx rate constant:

$$Ki = \frac{K_1 k_3}{k_2 + k_3} \tag{1}$$

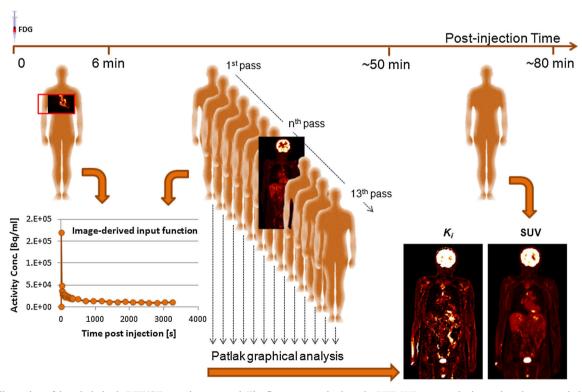


Fig. 1 Illustration of the whole-body PET/CT scanning protocol. The first dynamic acquisition is centered in the heart region to obtain the image-derived input function; the following 13 WB passes are acquired in CBM mode in the same axial FOV as the subsequent SUV acquisition. In a

standard static PET WB protocol, the patient has to wait in a quiet place in order for the tracer uptake to be optimal for SUV imaging. Here, we use this idle time to perform the dynamic passes



In the assumption of irreversible trapping of the tracer, K_i can be directly estimated using the standard Patlak analysis on a voxel-by-voxel basis, resulting in K_i parametric maps [17]. We generated such K_i images by implementing an in-house MATLAB code (MathWorks Inc.). The tissue activity, C(t), is linked to blood plasma time-activity concentration or input function (IF), $C_p(t)$, via the standard Patlak model linear equation:

$$C(t) = Ki \int_0^t Cp(t)dt + VCp(t)$$
 (2)

where K_i and V are the uptake rate defined in Eq. 1 and the total blood plasma distribution volume, respectively. The activity in each tissue voxel C(t) and the $C_p(t)$, as measured over time t from the dynamic PET images, are then fitted to the Patlak model equation to estimate via ordinary least squares regression the K_i and V parameters at every voxel.

In this protocol, C(t) is sampled 13 times (once per pass) for each voxel; the $C_p(t)$ is determined using both the initial dynamic acquisition and the 13 passes. Finally, the parametric K_i images are normalized to the maximum SUV of the respective static scan to display the images on the same scale, thus facilitating head-to-head clinical interpretation and image comparison.

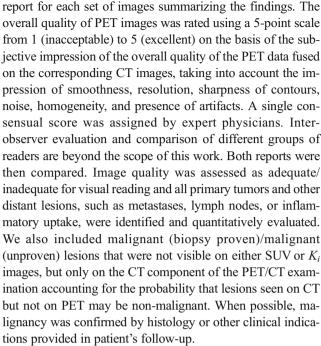
Derivation of the input function

The image-derived IF (IDIF) $C_p(t)$ is obtained from a region of interest (ROI) drawn in the left ventricle (LV) of the heart on images from both scans (ii) and (iii): the former was sampled in 12 frames of 10 s followed by 12 frames of 20 s, while a single IDIF value was obtained from the cardiac bed frame of each of the 13 WB passes.

A number of studies reported that the IDIF can also be extracted from the aorta rather than the left ventricle [32]. Therefore, we evaluated the difference between LV and aortic IDIF for two patients where arterial blood sampling was also performed as the gold standard IF. Comparable LV and aortic IDIFs were found, although both underestimated the gold standard IF at the peak (Fig. 2, left panel) and overestimated it at later times. However, the integral of the IF (Fig. 2, right panel), which is the only IF metric considered in Patlak analysis, varied by less than 5% in between LV, aortic, and gold standard IF resulting in minimal impact on the derived parametric images.

Image analysis

Visual interpretation SUV and K_i images were evaluated qualitatively on a dedicated workstation by two physicians (having only access to the clinical indication) who independently analyzed both images in two different and distant sessions followed by consensus reading and the writing of a single



We analyzed separately biopsy-proven or previously known lesions, which were classified as proven malignant, from lesions considered as unproven malignant with high clinical probability for malignancy (i.e., new lesions in a patient with metastases or lesions confirmed on contrast-enhanced CT in case of FDG-non avid lesions, such as hepatocellular carcinoma (HCC)). In cases where a significant number of lesions was identified in the same organ or anatomical region (i.e., multiple abdominal lymph nodes), a maximum of 5 lesions were analyzed to reduce bias.

Quantitative analysis A 3D ROI was manually drawn on each lesion to estimate at the same position the SUV_{max} and K_{imax} metrics. When the lesions were non-metabolic, the ROIs were drawn on the contrast-enhanced CT images. Background ROI mean, BKG_{mean}, and standard deviation, BKG_{sd}, metrics were extracted from the same positions, between SUV and K_i images, in healthy surrounding tissues. Tumor-to-background ratio (TBR) and contrast-to-noise ratio (CNR) scores were then calculated as defined in Eqs. 3 and 4.

$$TBR = (Tumor ROI_{max}/Background ROI_{mean})-1$$
 (3)

$$CNR = TBR/Background ROI_{SD}$$
 (4)

Finally, all identified lesions were regrouped in organs regardless of the origin of the lesion (primary tumor, metastases, malignant (unproven) lesion).

Statistical analysis

Spearman's rank correlation coefficient (ρ) was used to assess the correlation between SUV_{max} and K_{imax} of all lesions as



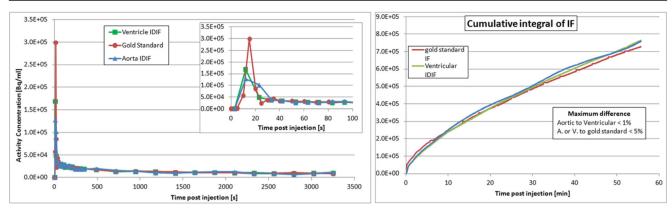


Fig. 2 Input functions obtained from image ROIs drawn on heart LV (green) and aorta (blue) ROIs, as well as from arterial blood sampling (red). The inset in the left panel shows a zoom of the peak region. The right panel shows the cumulative integral of the IFs shown on the left

well as between background values. A p value < 0.01 was considered significant for this test. A Wilcoxon signed-rank test was performed to assess the statistical significance of the differences between TBR $_{Ki}$ and TBR $_{SUV}$ and between CNR $_{Ki}$ and CNR $_{SUV}$ for the 40 malignant lesions. A p value < 0.05 was considered significant for this test.

Results

Eighteen patients originally scheduled for an oncologic whole-body ¹⁸F-FDG PET/CT (6 females and 12 males; mean age = 58.8 ± 16.8 years) were enrolled. A description of the cohort, including the indication for the study and the number and location of detected lesions, is reported in Table 1. Both modalities produced good-quality images adequate for visual interpretation. The qualitative inspection of the PET images by expert physicians suggested similar (or lower) image quality for the K_i (4.05), relative to SUV (4.2) images. However, the K_i image quality absolute scores were acceptable, the only discordant case being one patient with significant bulk motion during the long dynamic WB scan. The most notable visual difference, as illustrated in Fig. 3, was the suppression of the blood compartment in K_i images, particularly for organs with a non-negligible blood pool component, such as the liver, the spleen, and the blood vessels (Table 2), resulting in a higher contrast for individual lesions. This is in agreement with previous studies [24–27]. A total of 118 biopsy-proven malignant (n = 40) or unproven malignant (n = 78) lesions were identified and analyzed.

Of the 40 confirmed malignant lesions, 37 (93%) were detected on SUV and 38 (95%) on K_i images. The malignant lesions have higher K_i TBR (p < 0.001) and CNR (p < 0.001) scores. The 2 lesions not detected on both modalities were HCC nodules on the same patient (patient no. 18), appearing as non-hypermetabolic. Those two lesions were not detected on K_i images despite their high TBR and CNR scores, which may be attributed to the very low

 K_i values, as discussed later. The only lesion detected with K_i but not with SUV images was a hepatic lesion (patient no. 1, Fig. 3), a 71-year-old male presenting a suspicious liver mass, described as hypervascular on the contrastenhanced CT examination. The standard report of the SUV images described the lesion as non-metabolic (SUV_{max} 4.45, BKG_{mean} 2.2, TBR 1.02, CNR 2.82), whereas it was described as hypermetabolic in the report generated from the K_i images (K_{imax} 1.43, BKG_{mean} 0.24, TBR 5.37, CNR 29.17). Biopsy later confirmed the lesion to be a HCC.

Of the 78 unproven malignant lesions, 74 (95%) were detected with SUV images whereas 70 (90%) of them were detected on K_i images. The four lesions not detected on either modality were non-hypermetabolic liver lesions (patient no. 2 and no. 12) suspected as HCC nodules on the basis of CT and MR imaging, but never proven with a biopsy. The four lesions not detected on K_i images only were the following: a hypermetabolic focal sigmoid activity (patient no. 10); a slightly hypermetabolic lymph node (patient no. 14); a slightly hypermetabolic focal brain activity (patient no. 14); and a lung lesion (patient no. 8, Fig. 4). The first three lesions were not confirmed as either malignant or benign during the follow-up. The last lesion was a false-positive case of a 54-year-old male with a suspicious left lung lesion, confirmed as benign at biopsy. The standard report of the SUV images described the lesion as hypermetabolic (SUV_{max} 1.5, BKG_{mean} 0.29, TBR 4.17, CNR 81.81), whereas it was not detected in the report generated from the K_i images ($K_{i\text{max}}$ 0.47, BKG_{mean} 0.02, TBR 22.5, CNR 2812.5).

Considering the biopsy results as our gold standard outcome for assessing malignancy of lesions, we assessed the sensitivity and accuracy for the 40 lesions proven as malignant. In this group of lesions, the sensitivity in detecting malignancy increased from $37 \times 100 - 40 = 92.5\%$, in the case of SUV, to $38 \times 100 - 40 = 95\%$, in the case of K_i imaging. As we only had one biopsy-confirmed negative lesion, we cannot reliably compare the specificity performance between SUV and K_i imaging. Nevertheless, we were able to



 Table 1
 Clinical characteristics of the patients' population and summary of the lesions detected

Patient	Age	Sex	Malignancy	Detected lesions
1	71	M	Hepatocellular carcinoma	Liver (1)
2	70	M	Pancreatic adenocarcinoma	Pancreas (1), liver (2), lymph nodes (1)
3	69	M	Pancreatic adenocarcinoma	Pancreas (1), lymph nodes (4)
4	42	M	Neuroendocrine carcinoma	Lungs (1), subcutaneous tissue (1), lymph nodes (2)
5	59	M	Hepatocellular carcinoma	Liver (1), lymph nodes (3)
6	67	M	Lung epidermoid carcinoma	Lungs (1)
7	58	M	Rectum adenocarcinoma	Colon (3), lungs (2), subcutaneous tissue (5), peritoneum (5), lymph nodes (3), liver (3), muscles (1)
8	54	M	Suspicious lung lesion	Lungs (1)
9	64	M	Melanoma	Lungs (1), liver (2)
10	56	F	Lung carcinoid	Lungs (1), colon (1)
11	42	F	Lung adenocarcinoma	Lungs (2), lymph nodes (3)
12	74	M	Intrahepatic cholangiocarcinoma	Liver (3), lymph nodes (5), brain (1)
13	45	F	Hepatic adenocarcinoma	Liver (6), lungs (2), colon (2), bones (5), lymph nodes (8)
14	45	F	Gastric adenocarcinoma	Stomach (1), lymph nodes (3), bones (2), brain (1)
15	62	F	Lung adenocarcinoma	Lungs (1), colon (1)
16	59	F	Lung neuroendocrine carcinoma	Lungs (1), adrenal gland (3), bones (1), lymph nodes (4)
17	60	M	Lung Hodgkin lymphoma	Lungs (1), bones (1), lymph nodes (11)
18	61	M	Hepatocellular carcinoma	Liver (2), parotid gland (1)

correctly assess this single true-negative indication only with K_i imaging, therefore suggesting improved specificity with K_i imaging. As a result, our accuracy in detecting malignancy was further improved from 37×100 41 = 90.24% with SUV to 39×100 41 = 95.12% with K_i imaging.

Fig. 3 Case of a hepatocellular carcinoma (patient no. 1) appearing as non-metabolic in the SUV images and as hypermetabolic in the K_i images, later confirmed with biopsy as hepatocellular carcinoma. a SUV fused with non-contrast abdomen CT, b K_i fused with non-contrast abdomen CT, c SUV images, and d K_i images. Note how the

surrounding, normal liver tissue is less visible on K_i images, but with

a noisier aspect

PET metrics and statistical analysis

Spearman's rank correlation coefficient (ρ), which was calculated independently of the anatomical region, was 0.777 (p<0.001) for K_{imax} -SUV_{max} of all lesions and 0.414 (p<0.001) for K_{imean} -

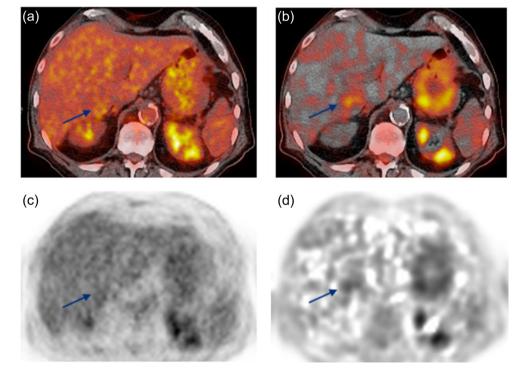




Table 2 Typical SUV and normalized K_i values for normal tissue in different organs

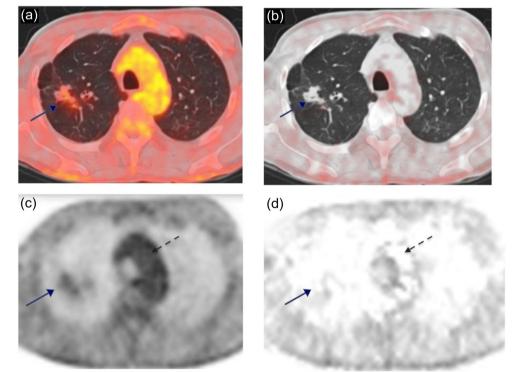
	SUV range (mean \pm SD)	K_i (normalized) range (mean \pm SD)
Thoracic vertebra	$1.10-2.56 \; (1.88 \pm 0.37)$	$0.11-2.63 \ (0.70 \pm 0.55)$
Lung	$0.19 – 0.76 \; (0.38 \pm 0.16)$	$4 \cdot 10^{-3} - 0.43 \ (0.12 \pm 0.15)$
Blood pool	$1.21 – 2.48 \; (1.75 \pm 0.34)$	$0 – 0.45 \; (0.14 \pm 0.16)$
Liver	$1.47 - 3.05 \ (2.15 \pm 0.38)$	$0-2.88~(0.55\pm0.70)$
Muscle	$0.10 – 0.91 \ (0.61 \pm 0.17)$	$0.017 - 1.40 \ (0.31 \pm 0.33)$

 SUV_{mean} of all background regions. Table 3 and Fig. 6 show the correlations for each anatomical region.

TBR_{SUV} values ranged from 0.32 to 59.26, whereas TBR_{Ki} values ranged from 2.6 to 9229. TBR_{Ki} values were higher than TBR_{SUV} values for 38 lesions out of 40 (95%). The Wilcoxon signed-rank test showed statistically significant differences between the two metrics (p < 0.001). CNR_{SUV} values ranged from 1.08 to 2693.78, whereas CNR_{Ki} values ranged from 1.82 to 2,307,250. CNR_{Ki} values were higher than CNR_{SUV} values for 33 lesions out of 40 (82.5%). The Wilcoxon signed-rank test showed statistically significant differences between the two metrics (p < 0.001).

Multiple findings of muscle focal activity, non-suspicious lymph nodes, digestive metabolism, or other similar foci presumably benign were visible on SUV images but negative on K_i images. As an example of such findings, we report a case of a 45-year-old female (patient no. 14, Supplementary Fig. 1) presenting with a gastric adenocarcinoma. The SUV image report described a non-suspicious thoracic lymph node (SUV_{max} 3.34, BKG_{mean} 2.6, TBR 0.28, CNR 0.31), which

Fig. 4 Case of an inflammatory lung lesion (patient no. 8), initially declared as malignant (unproven) in the standard SUV report, confirmed benign by biopsy during the follow-up. This lesion was declared as benign in the K_i report. a SUV fused with non-contrast abdomen CT, **b** K_i fused with non-contrast abdomen CT, **c** SUV images, and **d** K_i images. Note the very different aspect of the arch of the aorta (dashed arrow) on both modalities suggesting suppression of blood pool signal in the K_i images



was not documented on the K_i image report (K_{imax} 0.73, BKG_{mean} 0.55, TBR 0.33, CNR 0.64).

Discussion

This study demonstrated that multi-pass whole-body PET K_i parametric imaging, utilizing robust Patlak graphical analysis, may achieve equivalent or, potentially, superior lesion detectability than standard-of-care SUV imaging with reduced false-positive rates in routine oncology applications. The implemented protocol generated both static SUV and parametric K_i images in a single session, thereby allowing for reliable and objective comparisons between the two modalities. In our study, all produced images were of good quality with all biopsy proven malignant lesions visible in SUV images also depicted in K_i images. However, K_i images proved superior in three situations: one proven malignant lesion only being detected on K_i images, as well as one false-positive lesion and a benign lymph node being positive only in SUV images. A major finding of our work is the



Table 3 Spearman's correlation (ρ) and p values (Sig. 2-tailed) between SUV and K_i images, calculated for the maximum values of the lesions and the mean values of the backgrounds. Correlation is deemed significant for p < 0.01. All values are reported for the full dataset and for lesions grouped by localization

	Spearman's ρ lesions	Spearman's ρ background
Total	0.777 (<i>p</i> < 0.001)	0.414 (<i>p</i> < 0.001)
Abdominal	$0.796 \ (p < 0.001)$	$0.923 \ (p < 0.001)$
Liver	$0.890 \ (p < 0.001)$	-0.324 (p = 0.164)
Lungs	$0.780 \ (p = 0.001)$	$0.252 \ (p = 0.385)$
Bones	$0.950 \ (p < 0.001)$	0.875 (p = 0.002)
Lymph nodes	0.657 (p < 0.001)	-0.018 (p = 0.904)
Other	$0.806 \ (p = 0.005)$	0.517 (p = 0.126)

suppression of the non-specific ¹⁸F-FDG signal in the blood compartments allowing for a higher contrast in abnormal uptake regions, thereby confirming observations made in previous studies [24–27, 33]. This observation suggests increased likelihood of detecting metabolically active lesions surrounded by avid background non-specific uptake, such as in the case of intermediate differentiated HCCs with ¹⁸F-FDG imaging.

The Patlak graphical approach is of low linear complexity, thus allowing for fast computation and wide adoptability of WB parametric PET imaging in clinical practice. On the other hand, it assumes an irreversible 18 F-FDG uptake, a condition not always satisfied in normal liver, kidneys, and certain tumors, such as HCCs [34], thereby leading to K_i underestimation. Thus, an extended non-linear generalized Patlak model, considering a mild degree of reversibility, had been previously proposed [26] and could be easily integrated in our analysis. However, the use of a standard linear graphical analysis model

is more preferable, thanks to its robustness to data noise, when the kinetic parameters are indirectly estimated from the dynamic PET images, and higher lesion contrast, when K_i is underestimated only in the background.

We found a strong positive correlation ($\rho = 0.791$) between $K_{i\text{max}}$ and SUV_{max}, and even stronger correlations when looking separately at different organs. This suggests that K_i images will identify hypermetabolic lesions if these are depicted on SUV images. In background neighboring regions, however, we found weak positive correlations ($\rho = 0.392$) between BKG_{mean}- K_i and BKG_{mean}-SUV, which is expected owing to blood pool suppression within K_i images.

The TBR and CNR are almost always higher in K_i images (Fig. 5). On a purely visual examination, most of the malignant lesions were depicted on both modalities, except two HCC nodules appearing as non-hypermetabolic on both modalities and one HCC only depicted on K_i images. Thus, in the majority of cases, the TBR_{SUV} was largely sufficient to detect the lesions.

In the case of the lung lesions, for example, where the highest TBR values were found, we observe that most lung lesions are associated with a very low metabolism, resulting in lung lesions being easily detected. Overall, a TBR value between 3 and 5 is generally adequate in differentiating the lesion from its background, if the lesion has sufficient metabolic activity. Therefore, improving the TBR beyond this range with parametric imaging will not further improve lesion detectability, although it may improve quantification. On the other hand, detectability may be challenging for lesions with low TBR_{SUV} scores especially within a highly vascularized organ of high BKG_{mean} uptake, such as the liver. Detectability may then be improved by the higher TBR $_{Ki}$, due to suppression of the background signal. An example for such case is the

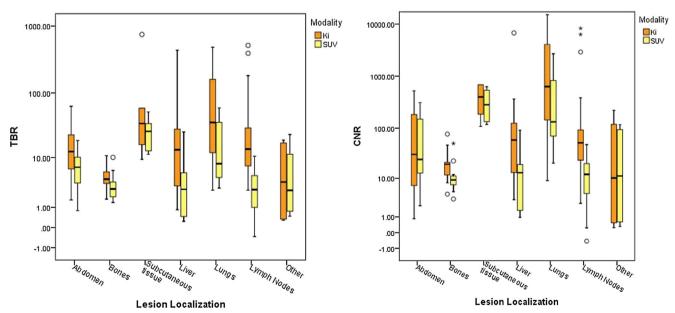


Fig. 5 Whisker plots showing TBR and CNR for the SUV and K_i images, presented by organ. Ki_{TBR} values are always higher than SUV_{TBR} values, regardless of the anatomical region, although the difference is variable depending on the organ. The same finding is observed for CNR



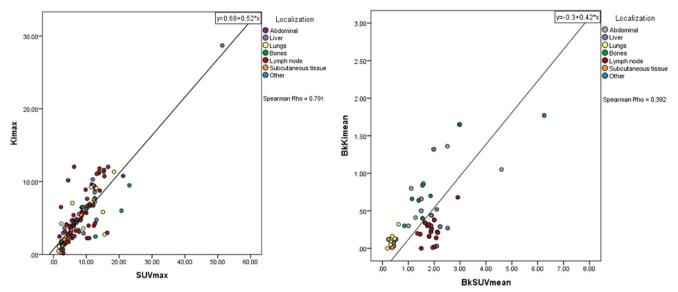


Fig. 6 Correlation plots between SUV and K_i measures for the max values of the lesions (left panel) and the mean values of the background (right panel), for each organ

HCC (patient no. 1) appearing as non-metabolic in the SUV images and as hypermetabolic in the K_i images (Fig. 3).

However, our findings suggest that the TBR and CNR metrics may not always be sufficient for quantifying lesion detectability. However, they can both indicate ability to distinguish focal lesions from their background and draw appropriate regions of interest for further quantitative evaluations. In the case of the two hepatic lesions that were negative in both SUV and K_i images, the TBR_{SUV} were 0.41 and 0.32 whereas the respective TBR_{K_i} scores were 53.33 and 43.45, respectively. Moreover, the CNR_{SUV} values were 1.40 and 1.08 whereas the CNR_{K_i} values were 364.55 and 296.99, respectively. Despite the very high TBR and CNR scores of the K_i images, the lesions were not detected, due to the very low target lesion and nearly zero background K_i values. The same effect explains why the false-positive lung lesion was not detected on K_i images (Fig. 4).

There was one interesting case (patient no. 8) of biopsyproved benign lung lesion which was erroneously depicted as positive in SUV images (Fig. 4). There were also several findings in the standard report of SUV images of muscle activity, inflammation, or benign lymph nodes, which were not visible on the K_i images. One example is the case of benign thoracic lymph nodes depicted on SUV images (patient no. 14) but not on K_i images (Supplementary Fig. 1). Overall, K_i images detected less false-positive and less benign lesions than SUV images, thereby improving specificity.

The most important limitation of this study is the relatively low number of patients. Nevertheless, we identified a large number of oncologic lesions with large histologic diversity to form a large variety of malignancies in order to drive useful conclusions for the clinical performance assessment of WB Patlak K_i ¹⁸F-FDG PET imaging. Moreover, having neglected

the k_4 parameter during the Patlak analysis may have resulted in quantification errors, but only in the few regions, such as the liver or specific malignant tumors where non-negligible ¹⁸F-FDG uptake reversibility was expected. Furthermore, the manual ROI drawing for the IDIF calculation is user-dependent and can be subject to variability, although the net effect on the robust Patlak analysis was non-significant.

Although the proposed protocol requires approximately 50 min of patient's involvement time, compared to 80 min for a standard SUV examination, the patient has to lie on the table during the whole 50-min examination. This may be challenging for patients and can impact throughput in clinical routine. We plan to continue this work with a prospective controlled study of a larger cohort targeting specific tumor types.

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Compliance with ethical standards

Guarantor The scientific guarantor of this publication is Prof. Habib Zaidi.

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Statistics and biometry No complex statistical methods were necessary for this paper.

Informed consent Written informed consent was obtained from all subjects (patients) in this study.



Ethical approval Institutional Review Board approval was obtained.

Methodology

- prospective
- observational
- · performed at one institution

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